

# ***ESTIMATION OF THE INDONESIAN BURDEN OF DISEASE, INJURIES AND RISK FACTORS: LEVELS, TRENDS AND POLICY IMPLICATIONS***

Collaboration of the NIHRD, Indonesian MoH

&

IHME, Univ. of Washington – Seattle, USA

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Indonesian BoD, Ministry of Health –  
Jakarta, 30th April 2013

# Needs for Better Evidence

- National strategic decision-making
- Informing programme managers to improve implementation
- Dynamic monitoring critical outcomes -- key to accountability
- Building the evidence base on determinants and interventions for health

# Burden of Disease

- Burden of disease analysis provides a standardized framework for integrating all available information on mortality, causes of death, individual health status, and condition-specific epidemiology to provide an overview of the the levels and causes of population health

# GBD Approach

1. Measure loss of health due to comprehensive set of disease, injury and risk factor causes in a comparable way
2. Decouple epidemiological assessment and advocacy
3. Inject non-fatal health outcomes into health policy debate
4. Use a common metric for burden of disease assessment and cost-effectiveness analysis

# Steps in Analysis

- Demographic baseline
- Cause of death analysis
- Epidemiological description of non-fatal outcomes
- Internal consistency of epidemiological estimates
- Calculation of Calculation of other summary measures
- Comparative risk assessment
- Sensitivity analysis
- YLL and YLD



# Decide on levels of analysis

- National or regional
- Subpopulations (area, other)
- Year of reference
- Age groups
- Disease groups
- Risk factors
- Scope of study (projections, etc)

# GBD Classification System

- **Group I, consisting of communicable diseases, maternal causes, conditions arising in the perinatal period and nutritional deficiencies**
- **Group II, encompassing the non-communicable diseases**
- **Group III, comprising all injuries**
  
- **Group I (the pre-transitional causes), consists of the cluster of conditions that typically decline at a faster pace than all cause mortality during the process of the epidemiological transition.**
- **The non-communicable diseases clustered in group II are the most important health problems in population that have undergone the epidemiological transition.**
- **Injuries are separately classified into Group III, because their etiology is very different from that of most diseases and also because there is no generalized pattern of change in injury mortality that accompanies the epidemiological transition**
  
- **Each group is divided into several major sub categories of disease and injury that are mutually exclusive and exhaustive.**

# Outline



What is the GBD 2010?  
Some Key Global Results  
Indonesia Results  
Benchmarking Indonesia  
Continuous Updating  
Policy Implications



# Global Burden of Disease 2010

1. A **systematic scientific** effort to quantify the **comparative** magnitude of **health loss** for 187 countries from 1990 to 2010.
2. Covering 291 diseases and injuries, 1,160 sequelae of these diseases and injuries, and 67 risk factors or clusters of risk factors.
3. GBD 2010 study initiated in 2007 funded by Bill & Melinda Gates Foundation.
4. Summary papers published in a dedicated triple issue of *The Lancet*, December 15, 2012.
5. Global scientific collaboration: 488 authors from 303 institutions in 50 countries.

# GBD 2010 Team

488 authors from 303 institutions in 50 countries.

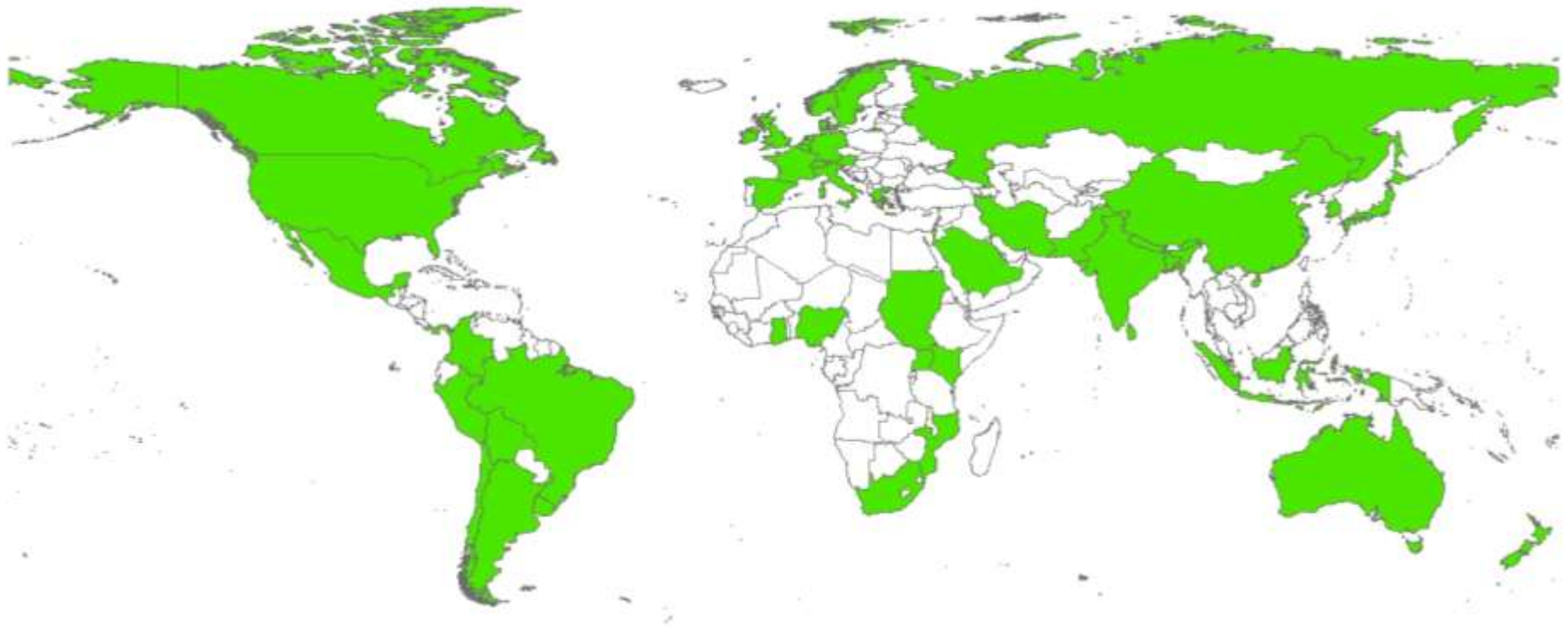
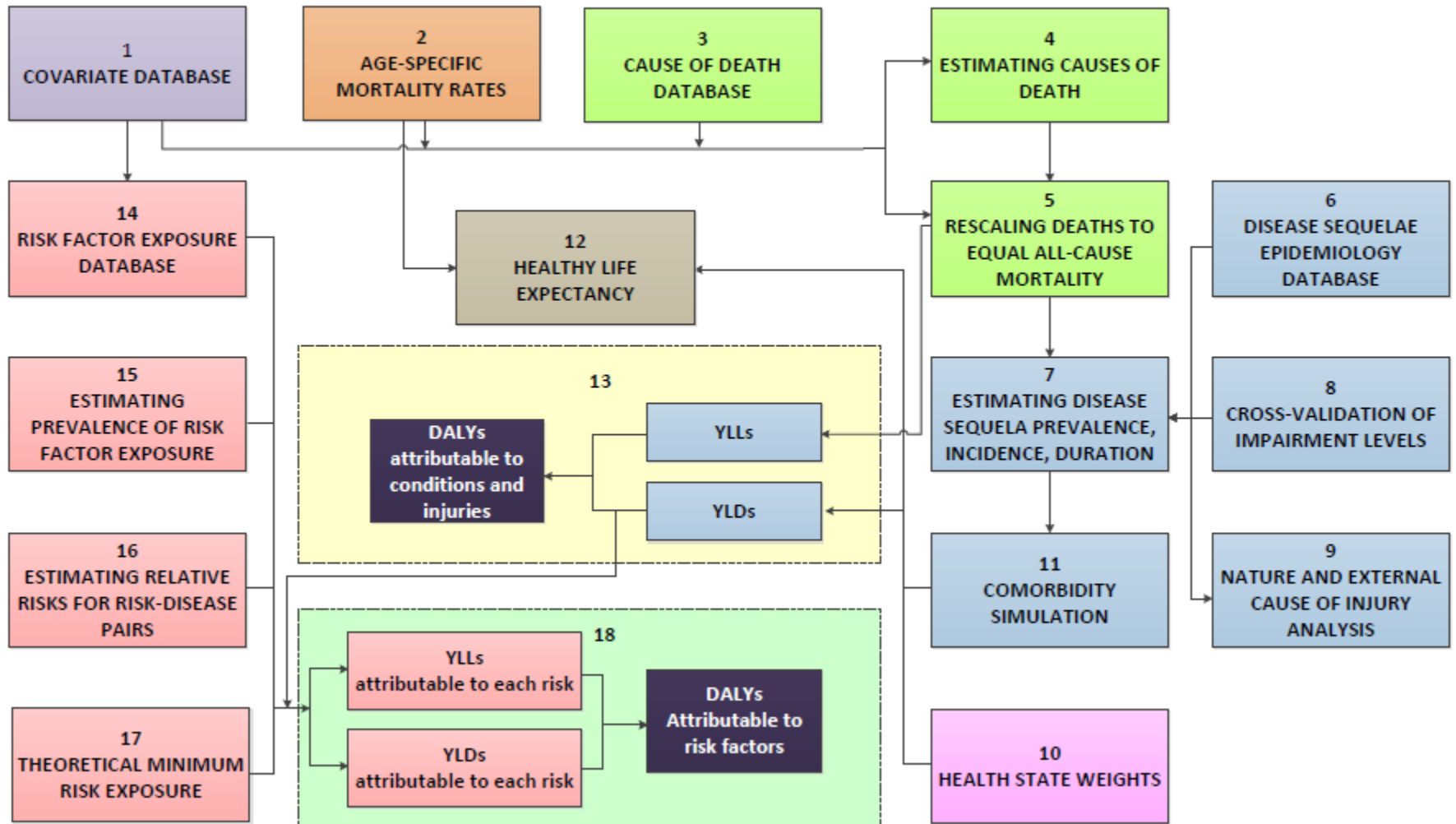


Figure 3. GBD 2010 Data and Model Flow Chart



# Some GBD Terminology

1. **Years of life lost** due to premature mortality (YLLs) – count the number of years lost at each age compared to a reference life expectancy of 86 at birth.
2. **Years lived with disability** for a cause in an age-sex group equals the prevalence of the condition times the disability weight for that condition (YLDs).
3. **DALYs** are the sum of YLLs and YLDs and are an overall metric of the burden of disease.

# Outline

What is the GBD 2010?



Some Key Global Results

Indonesia Results

Benchmarking Indonesia

Continuous Updating



Both

Male

Female

#

Rate

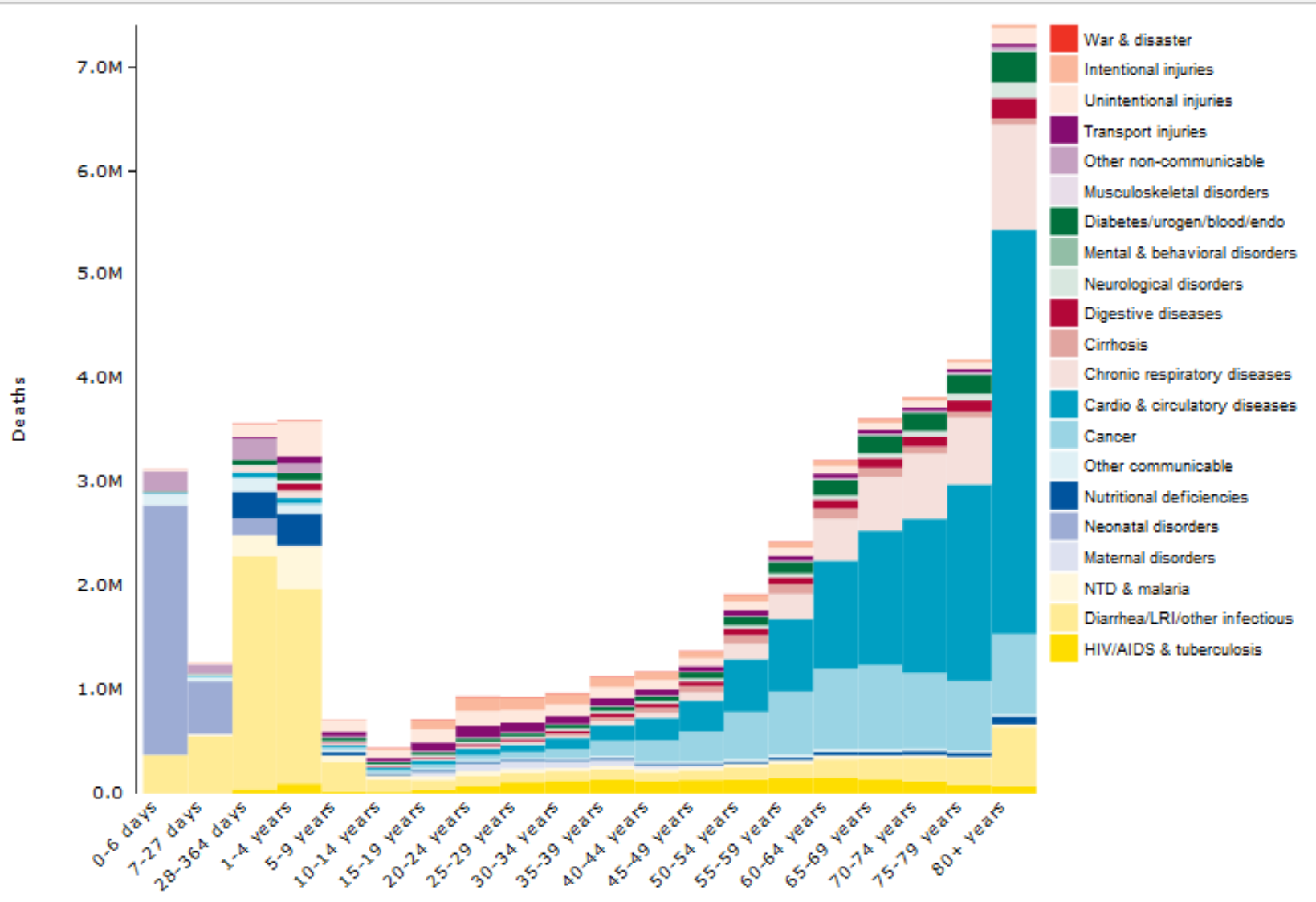
%

Deaths

Global

Overview

1990



Age

Location

Year

Sex



Both Male Female

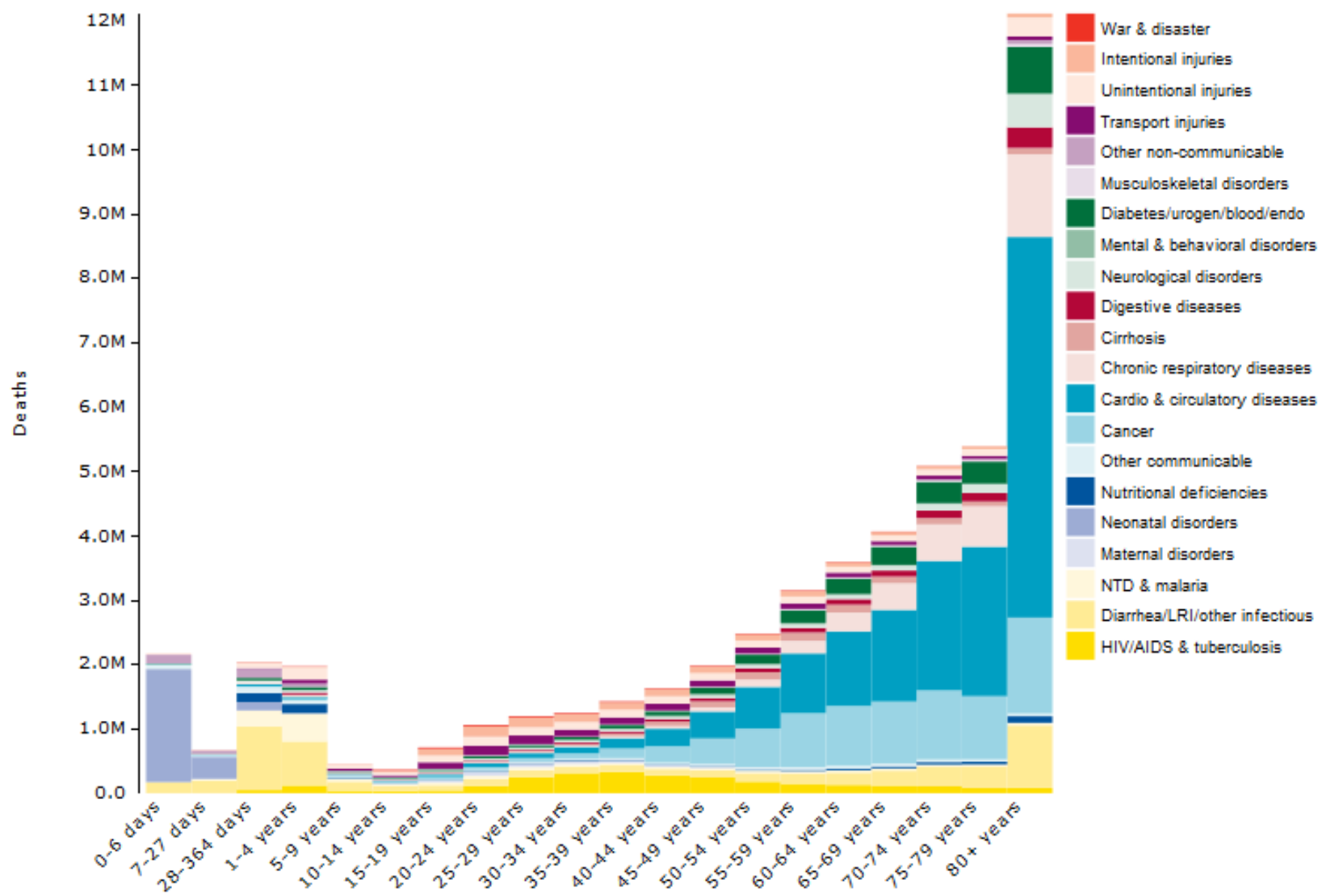
# Rate %

Deaths

Global

Overview

2010



Age Location Year Sex



Both

Male

Female

#

Rate

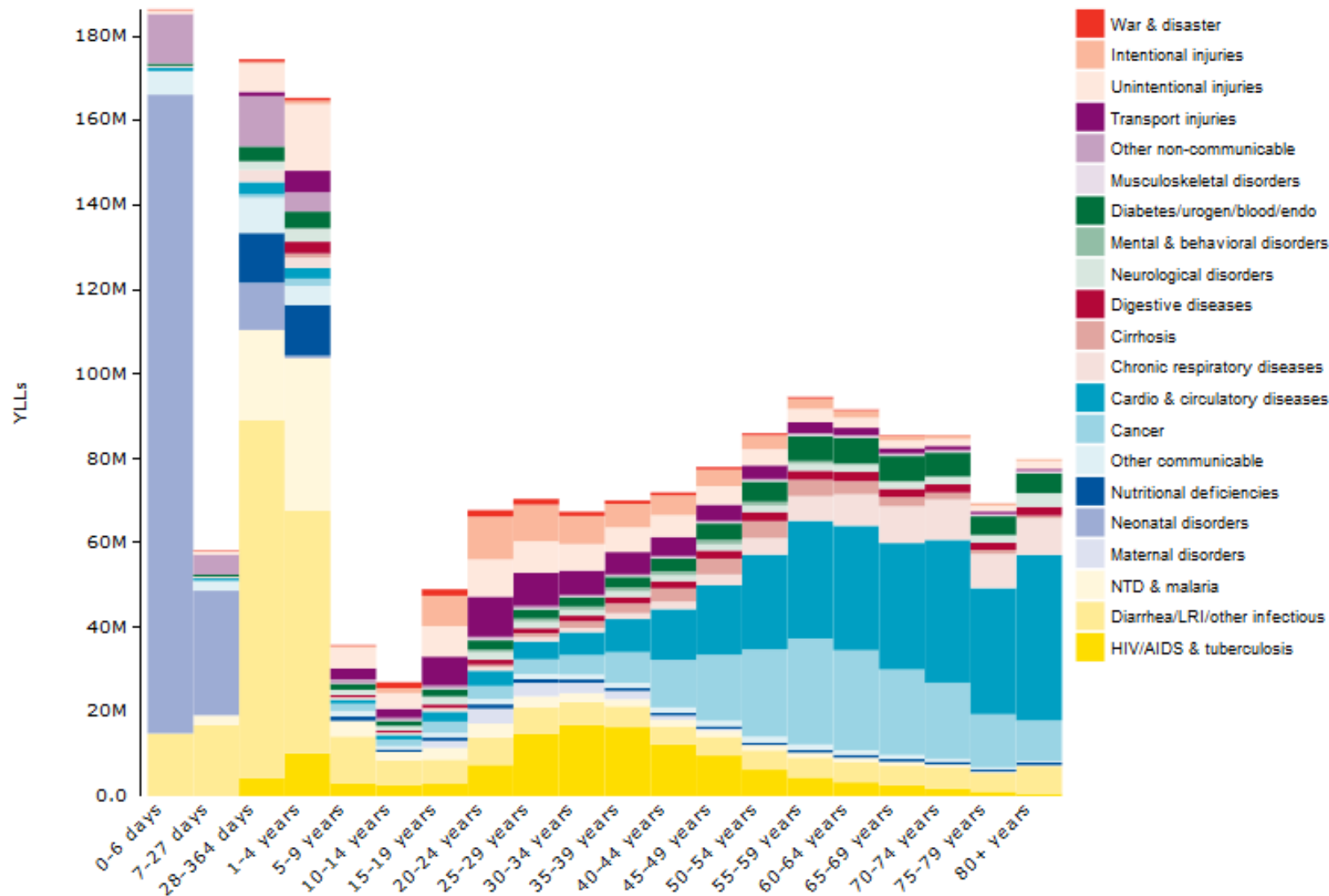
%

YLLs (Years of L...)

Global

Overview

2010



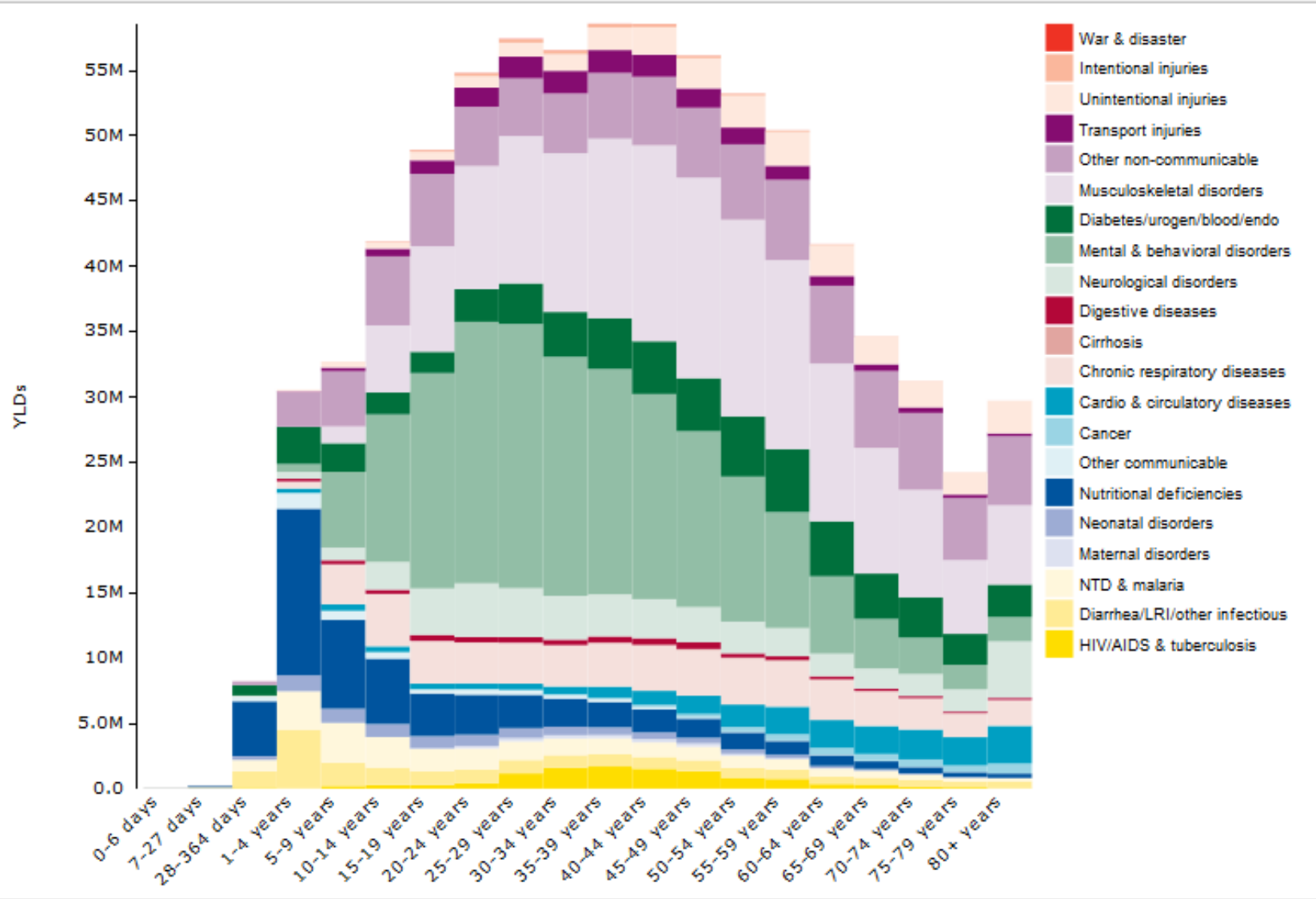
Age

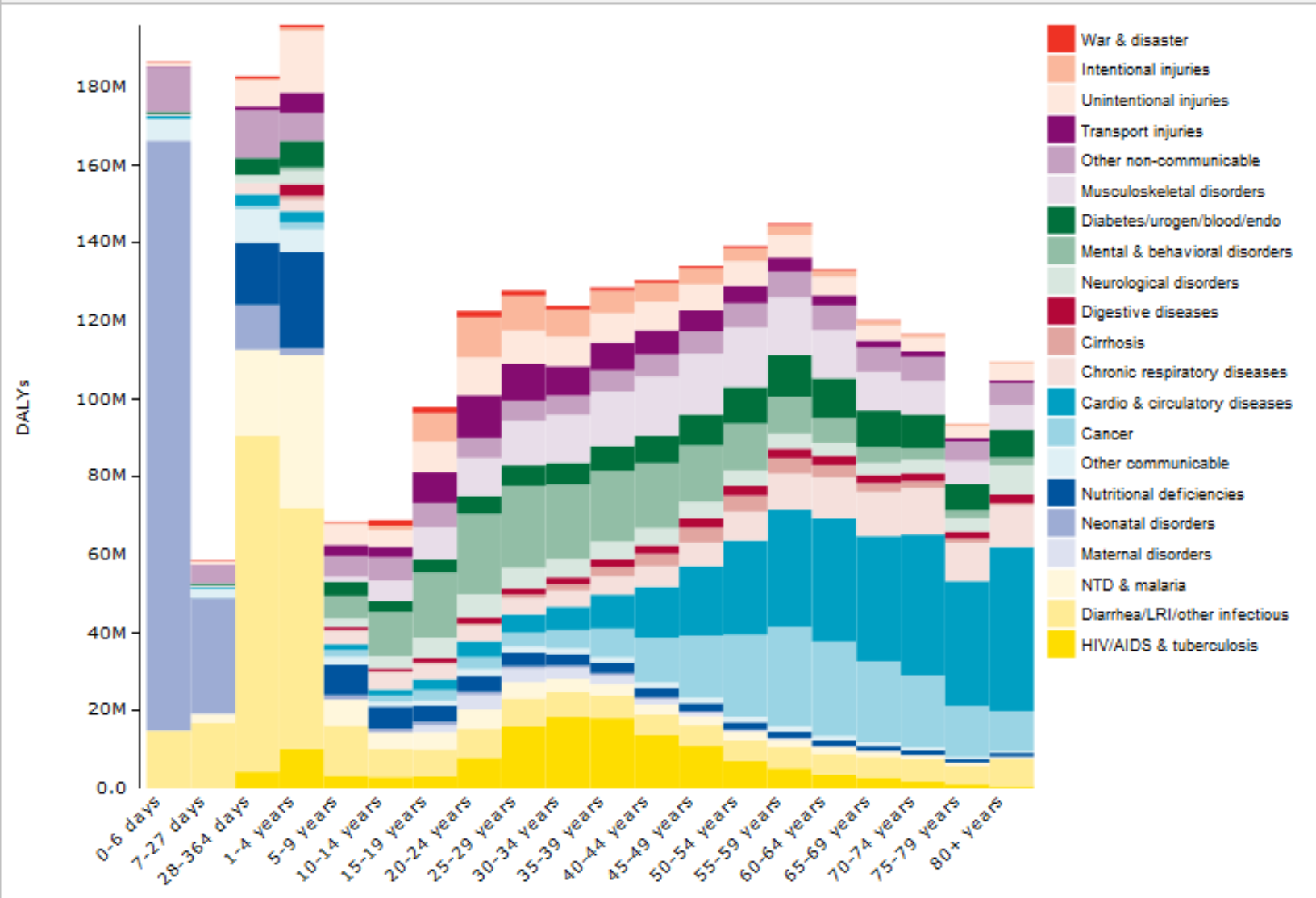
Location

Year

Sex







**Top Chart** Treemap

**Cause of Disease or Injury**  
B. Non-communicable di...

**Metric** DALYs (Disability...)

**Place** Global

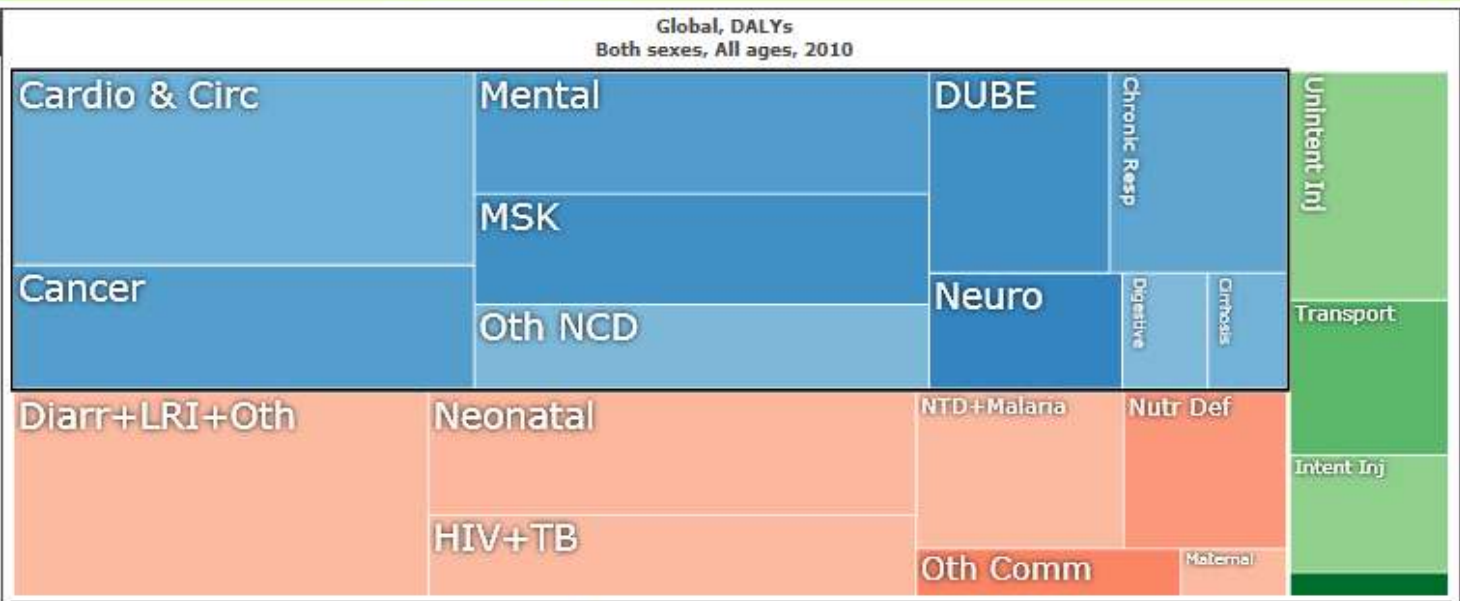
**Year** 2010

**Age** All ages

**Sex** Both Male Female

**Depth** 2

**Color** Rate of Change



**Bottom Chart** Map

**Display** Cause of Disease or Injury  
B. Non-communicable di...

**Metric** DALYs (Disability...)

**Place** Global

**Year** 2010

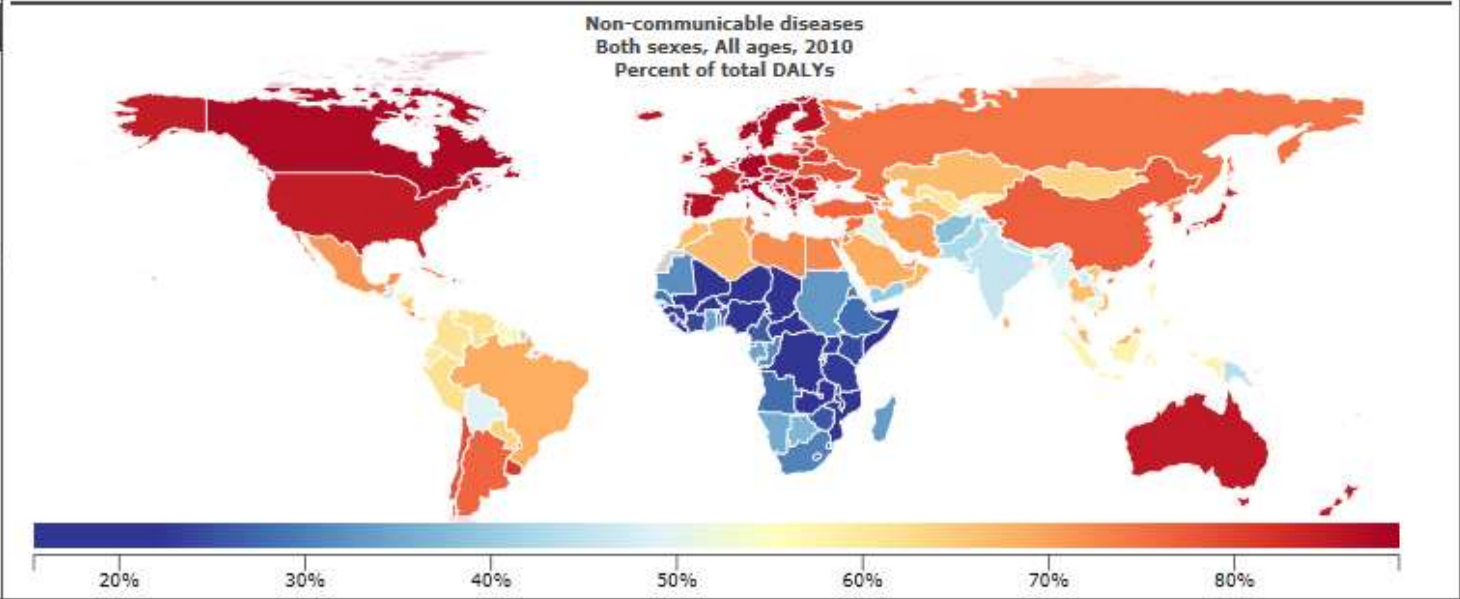
**Age** All ages

**Sex** Both Male Female

**Units** # Rate %

**Mapping Level** Country

**Zoom** - Reset +



**Top Chart** Treemap

**Cause of Disease or Injury**  
B. Non-communicable di...

**Metric** DALYs (Disability...)

**Place** Tanzania

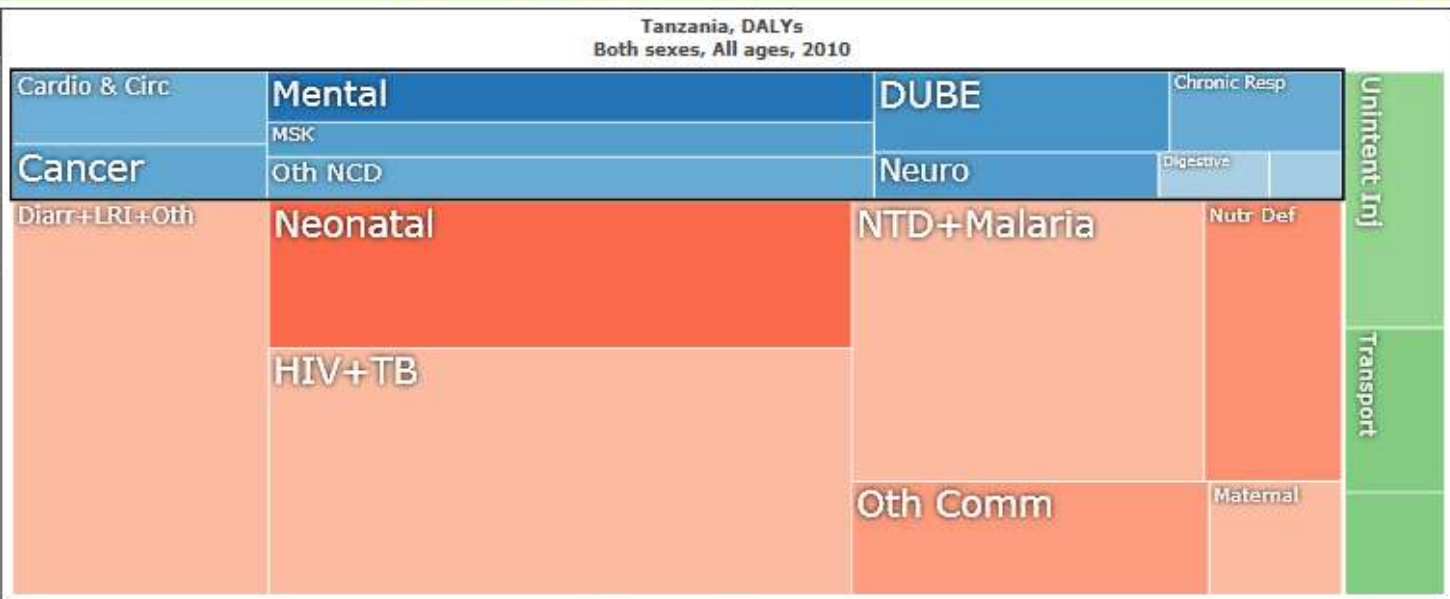
**Year** 2010

**Age** All ages

**Sex** Both Male Female

**Depth** 2

**Color** Rate of Change



**Bottom Chart** Map

**Display** Cause of Disease or Injury  
B. Non-communicable di...

**Metric** DALYs (Disability...)

**Place** Tanzania

**Year** 2010

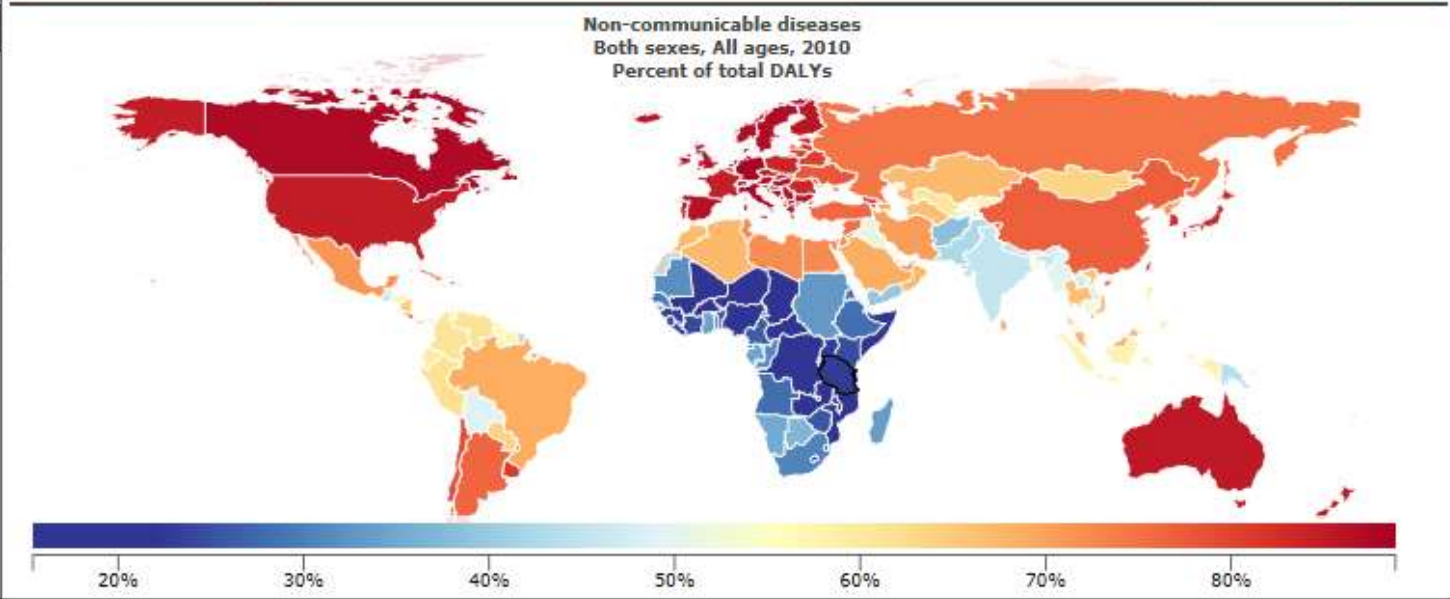
**Age** All ages

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**Mapping Level** Country

**Zoom** - Reset +



**Top Chart** Treemap

**Cause of Disease or Injury**  
B. Non-communicable di...

**Metric**  
DALYs (Disability...

**Place**  
India

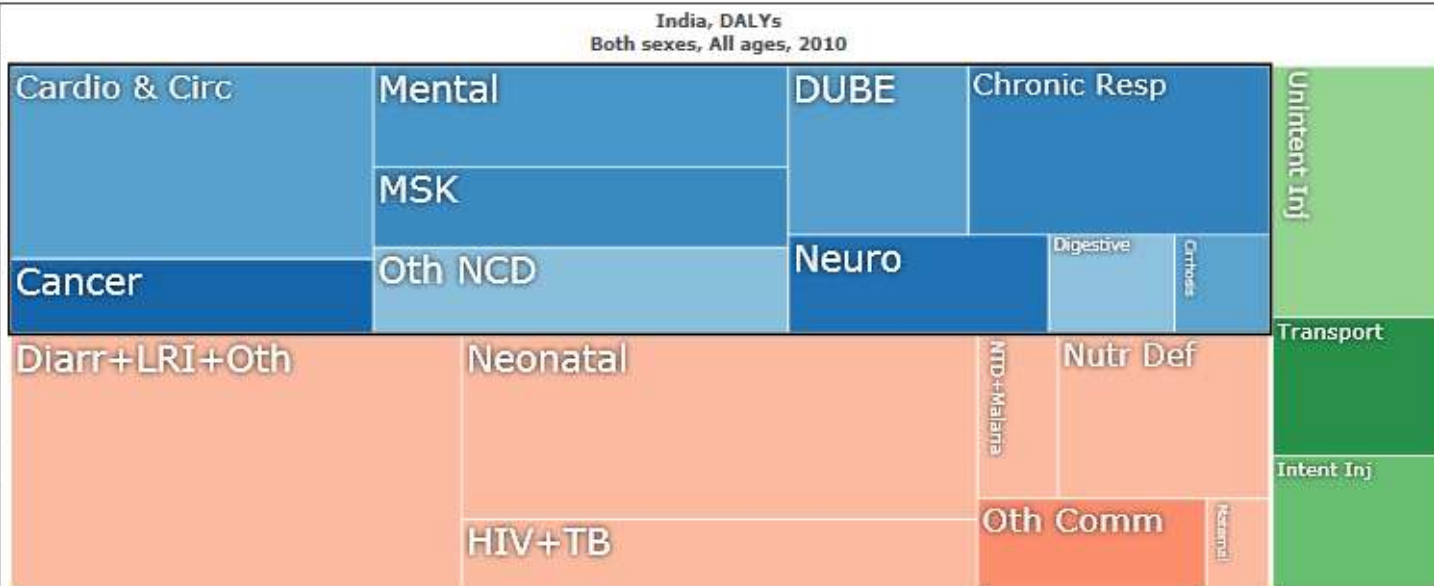
**Year**  
2010

**Age**  
All ages

**Sex**  
Both Male Female

**Depth**  
2

**Color**  
Rate of Change



**Bottom Chart** Map

**Display**  
Cause of Disease or Injury  
B. Non-communicable di...

**Metric**  
DALYs (Disability...

**Place**  
India

**Year**  
2010

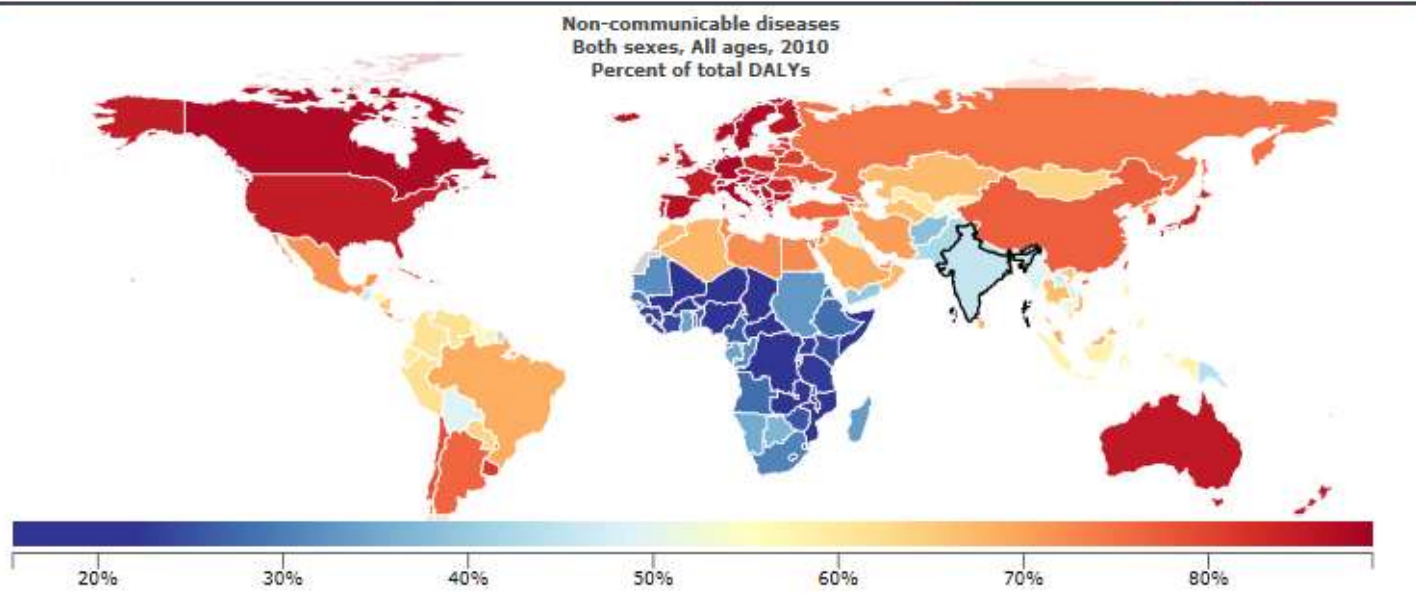
**Age**  
All ages

**Sex**  
Both Male Female

**Units**  
# Rate %

**Mapping Level**  
Country

**Zoom**  
- Reset +



**Top Chart** Treemap

**Cause of Disease or Injury** B. Non-communicable di...

**Metric** DALYs (Disabilit...)

**Place** Indonesia

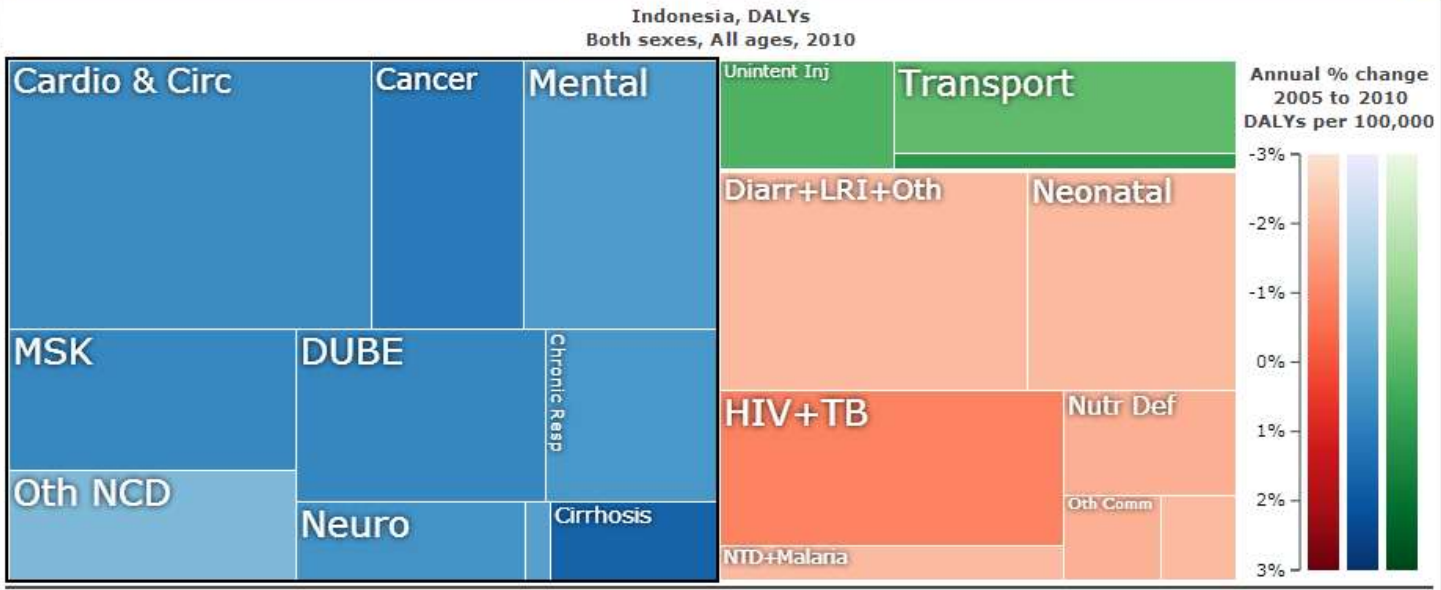
**Year** 2010

**Age** All ages

**Sex** Both Male Female

**Depth** 2

**Color** Rate of Change



**Bottom Chart** Map

**Display** Cause of Disease or Inj...  
B. Non-communicable di...

**Metric** DALYs (Disabilit...)

**Place** Indonesia

**Year** 2010

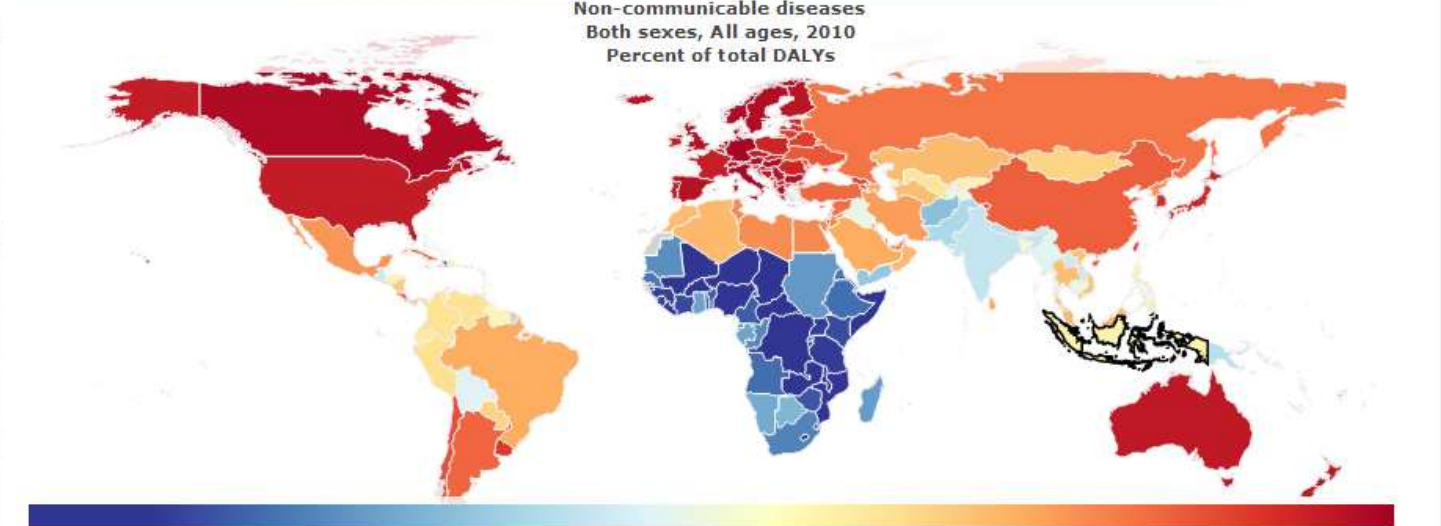
**Age** All ages

**Sex** Both Male Female

**Units** # Rate %

**Mapping Level** Country

**Zoom** - Reset +



Top Chart Treemap

**Cause of Disease or Injury**  
 B. Non-communicable di...

**Metric**  
 DALYs (Disability...

**Place**  
 China

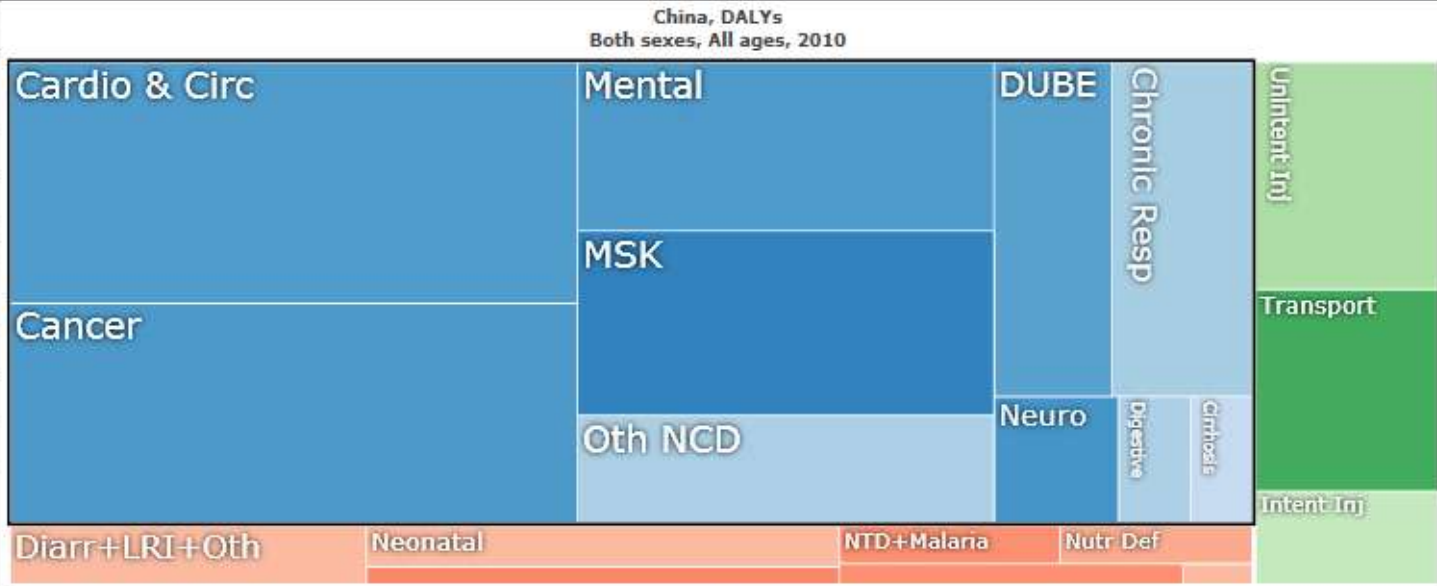
**Year** 2010

**Age**  
 All ages

**Sex**  
 Both Male Female

**Depth** 2

**Color**  
 Rate of Change



Bottom Chart Map

**Display**  
 Cause of Disease or Injury  
 B. Non-communicable di...

**Metric**  
 DALYs (Disability...

**Place**  
 China

**Year** 2010

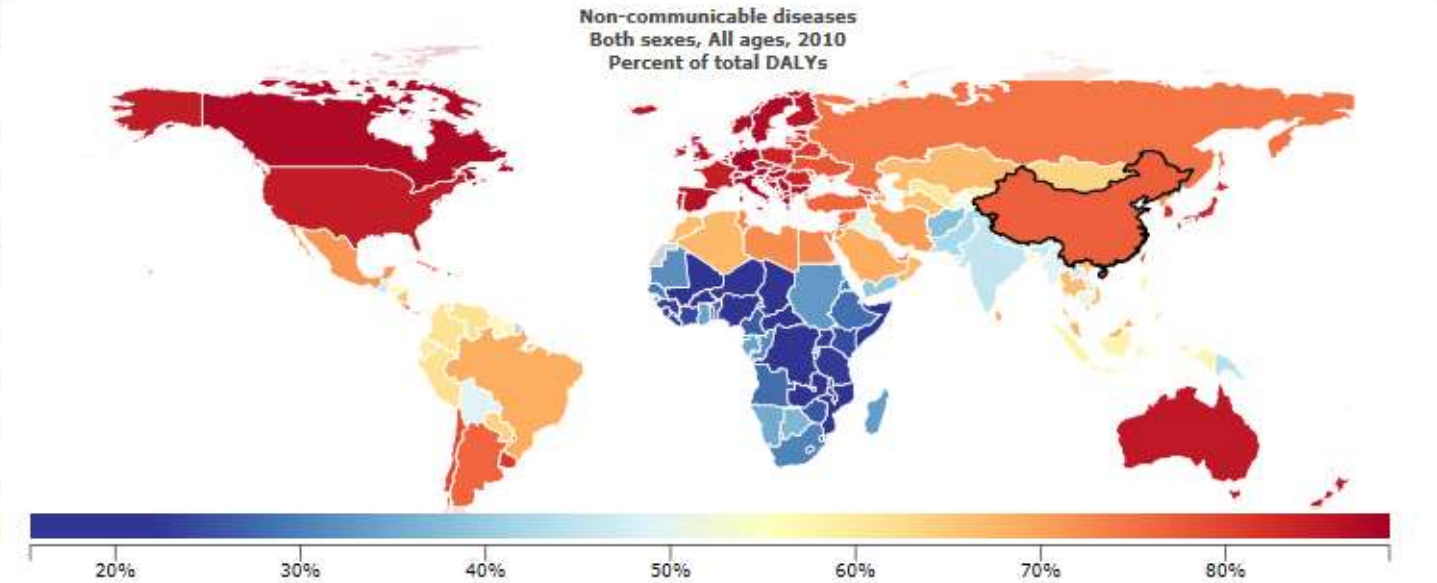
**Age**  
 All ages

**Sex**  
 Both Male Female

**Units**  
 # Rate %

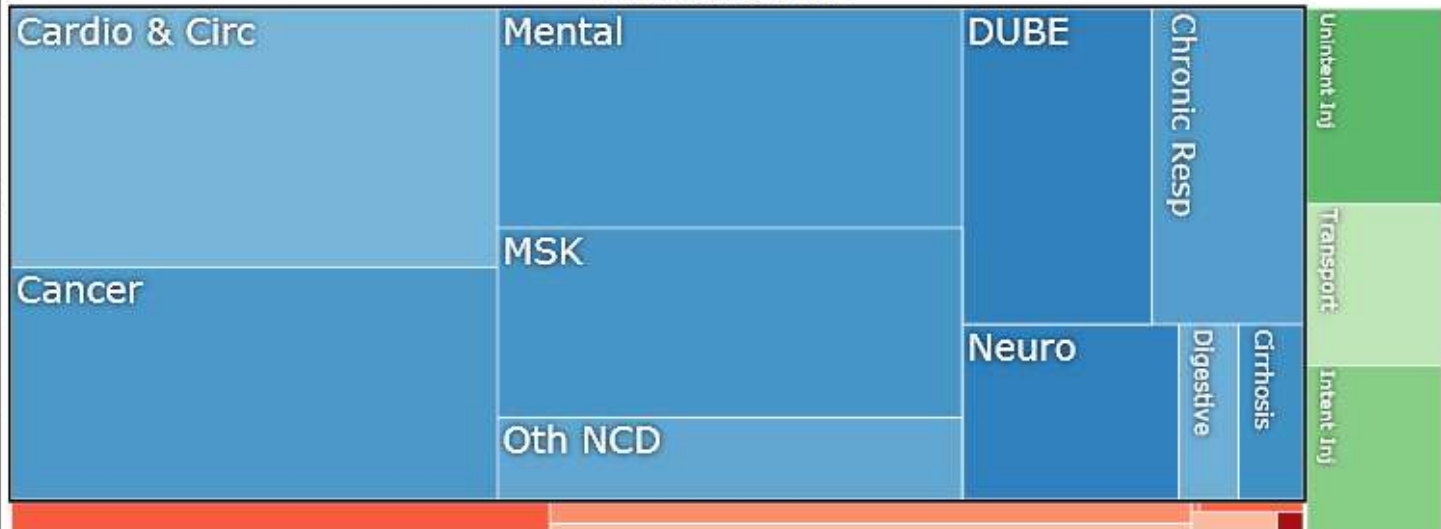
**Mapping Level**  
 Country

**Zoom**  
 - Reset +



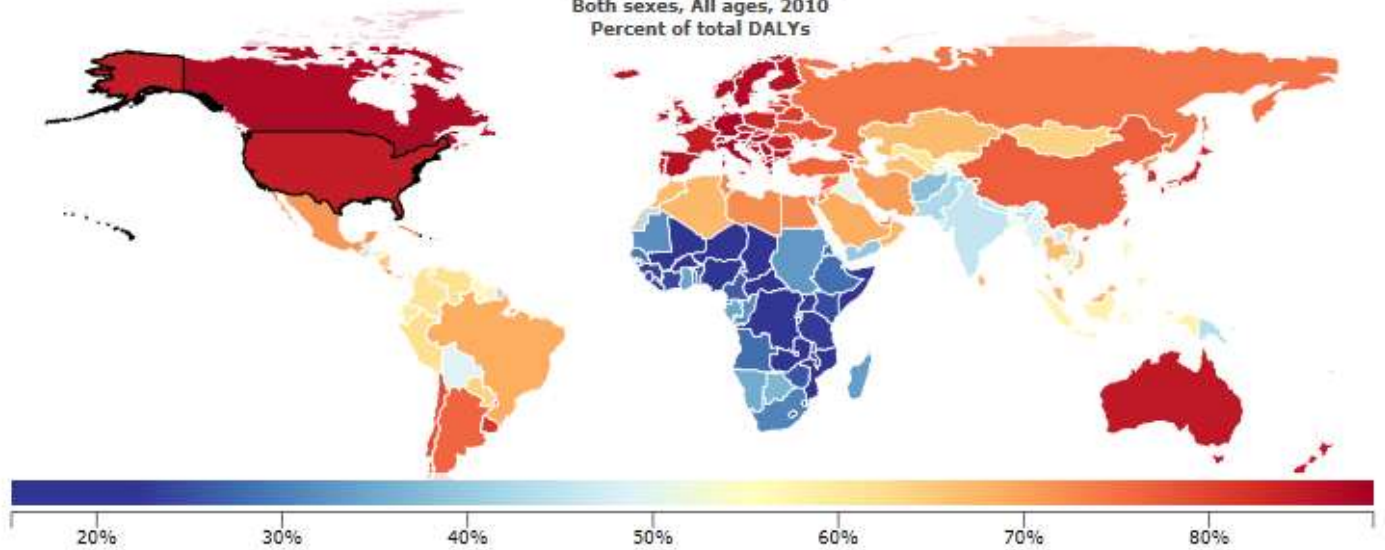
Top Chart Treemap

United States, DALYs  
Both sexes, All ages, 2010



Bottom Chart Map

Non-communicable diseases  
Both sexes, All ages, 2010  
Percent of total DALYs



**Cause of Disease or Injury**  
B, Non-communicable di...

**Metric**  
DALYs (Disability...

**Place**  
United States

**Year** 2010

**Age**  
All ages

**Sex**  
Both Male Female

**Depth** 2

**Color**  
Rate of Change

**Display**  
Cause of Disease or Injury  
B, Non-communicable di...

**Metric**  
DALYs (Disability...

**Place**  
United States

**Year** 2010

**Age**  
All ages

**Sex**  
Both Male Female

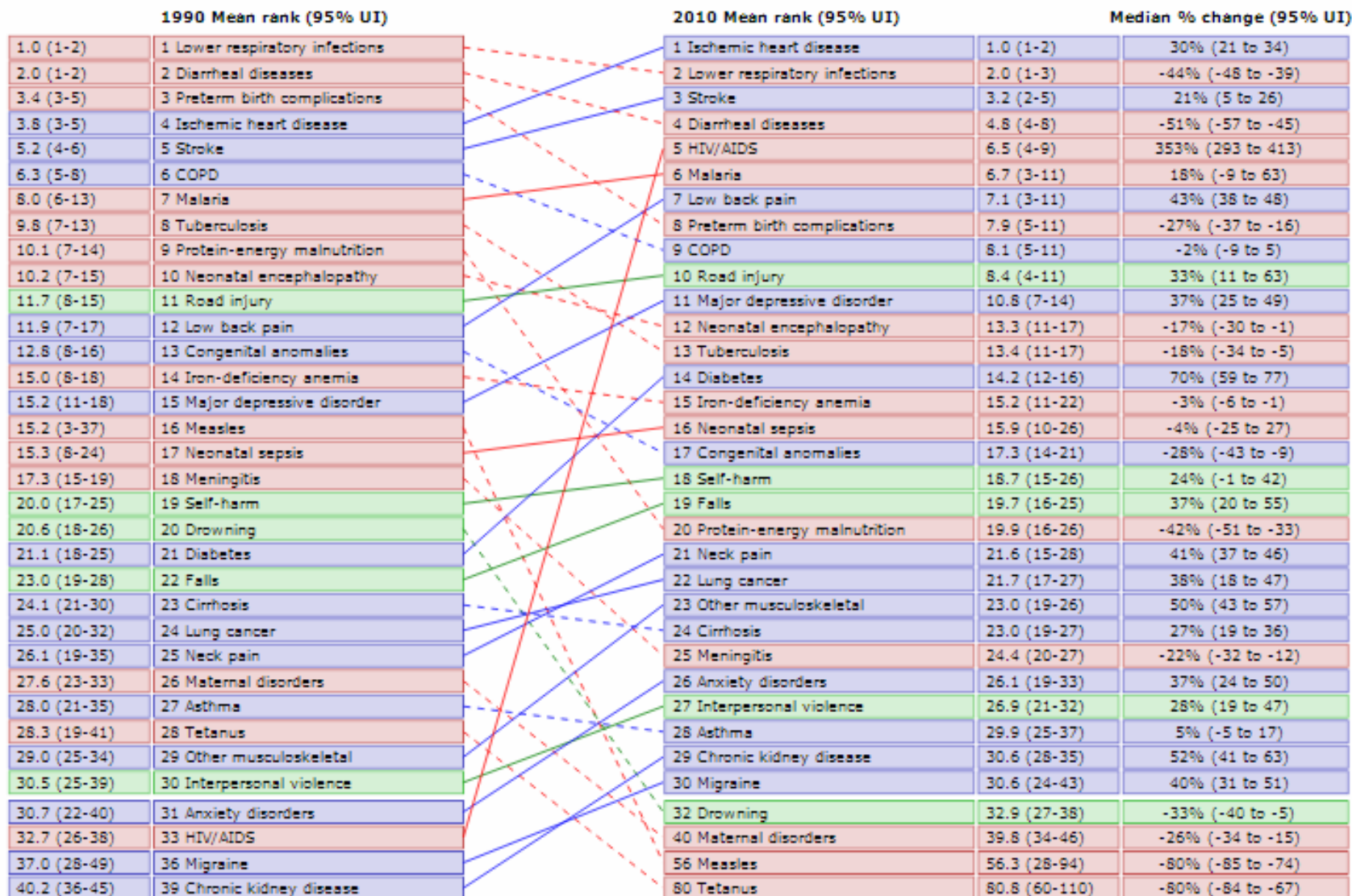
**Units**  
# Rate %

**Mapping Level**  
Country

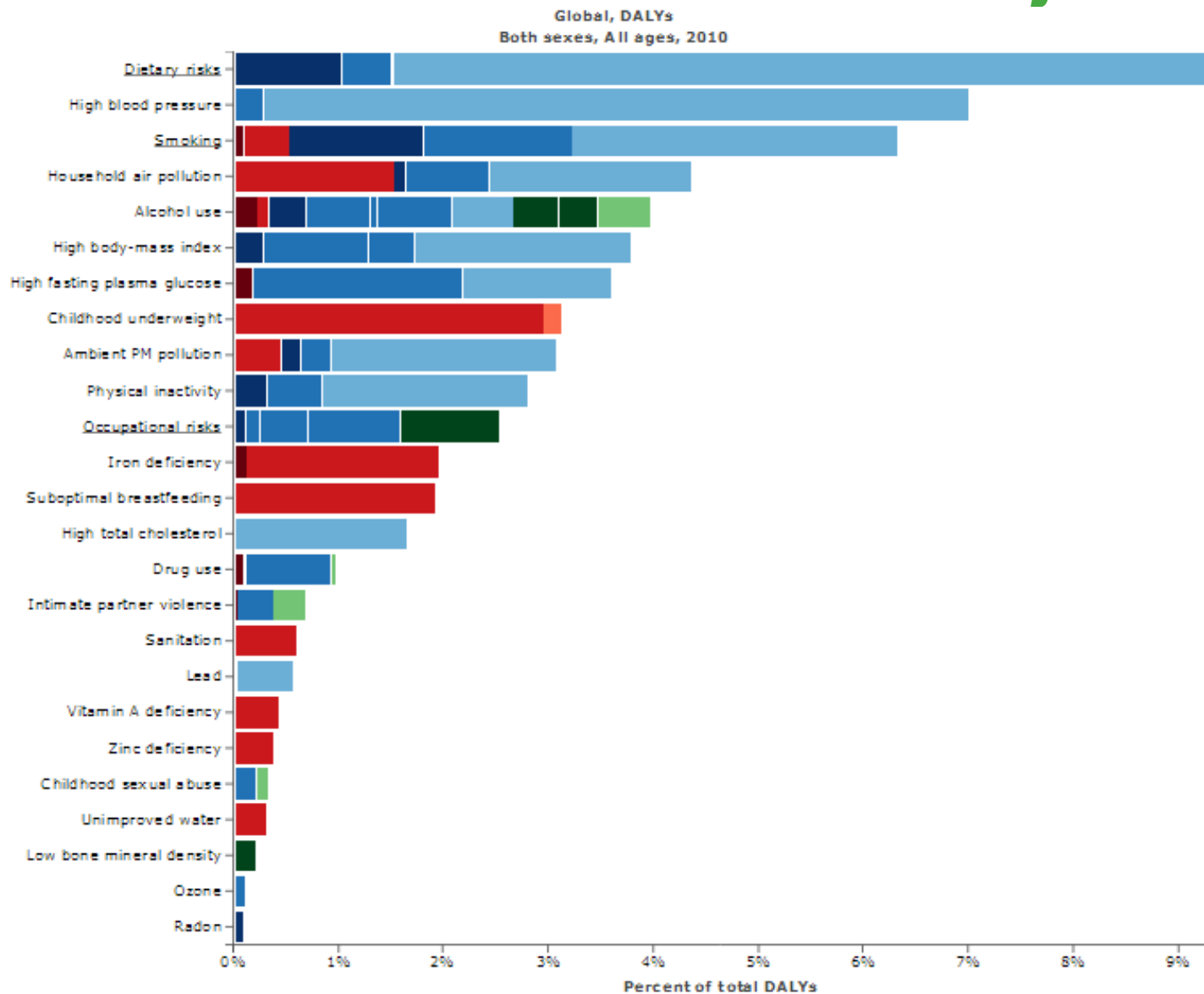
**Zoom**  
- Reset +



# Global DALYs 1990 to 2010



# Global DALYs Attributable to Major Risks



# Outline

What is the GBD 2010?

Some Key Global Results

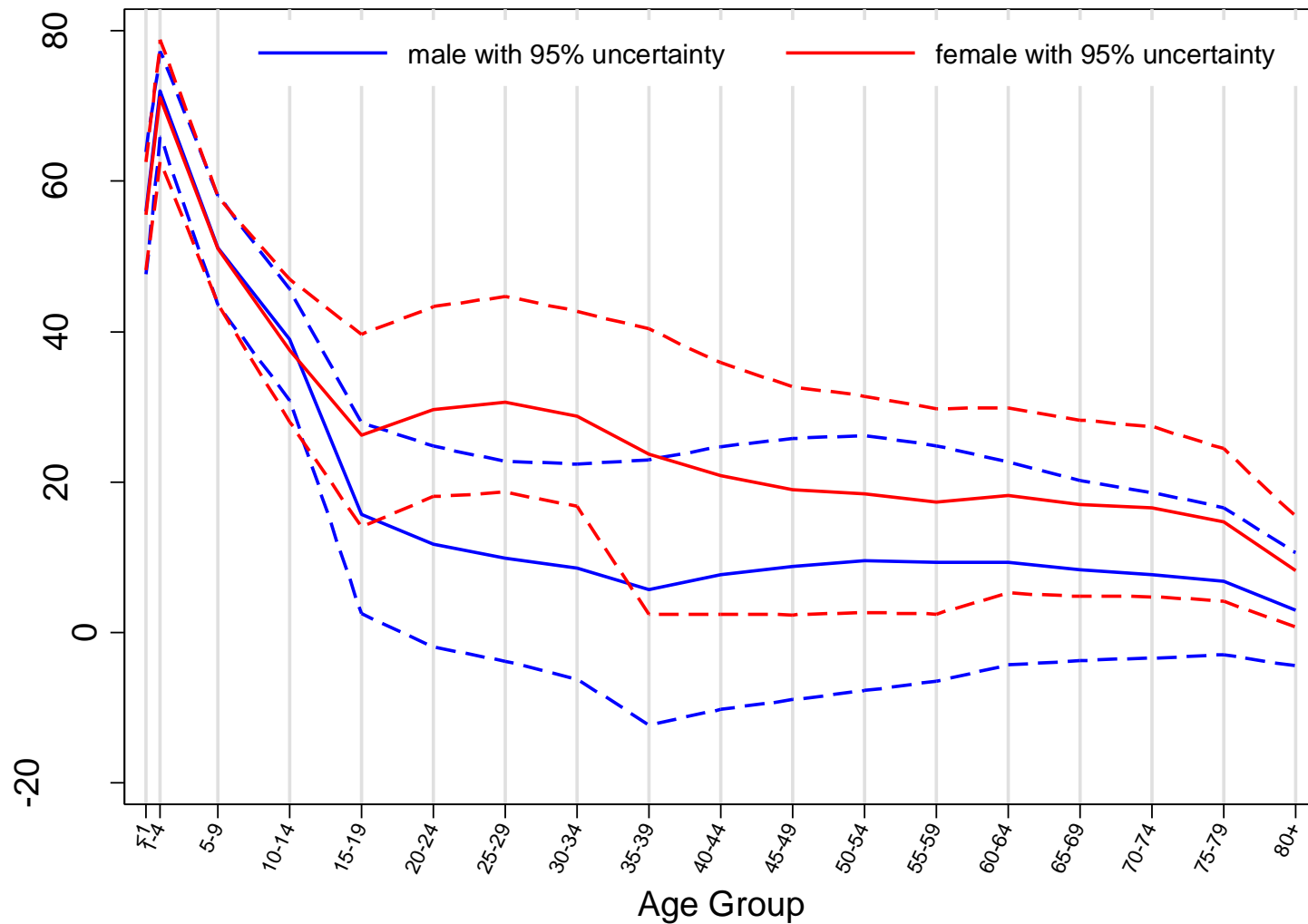


Indonesia Results

Benchmarking the Indonesia

Continuous Updating

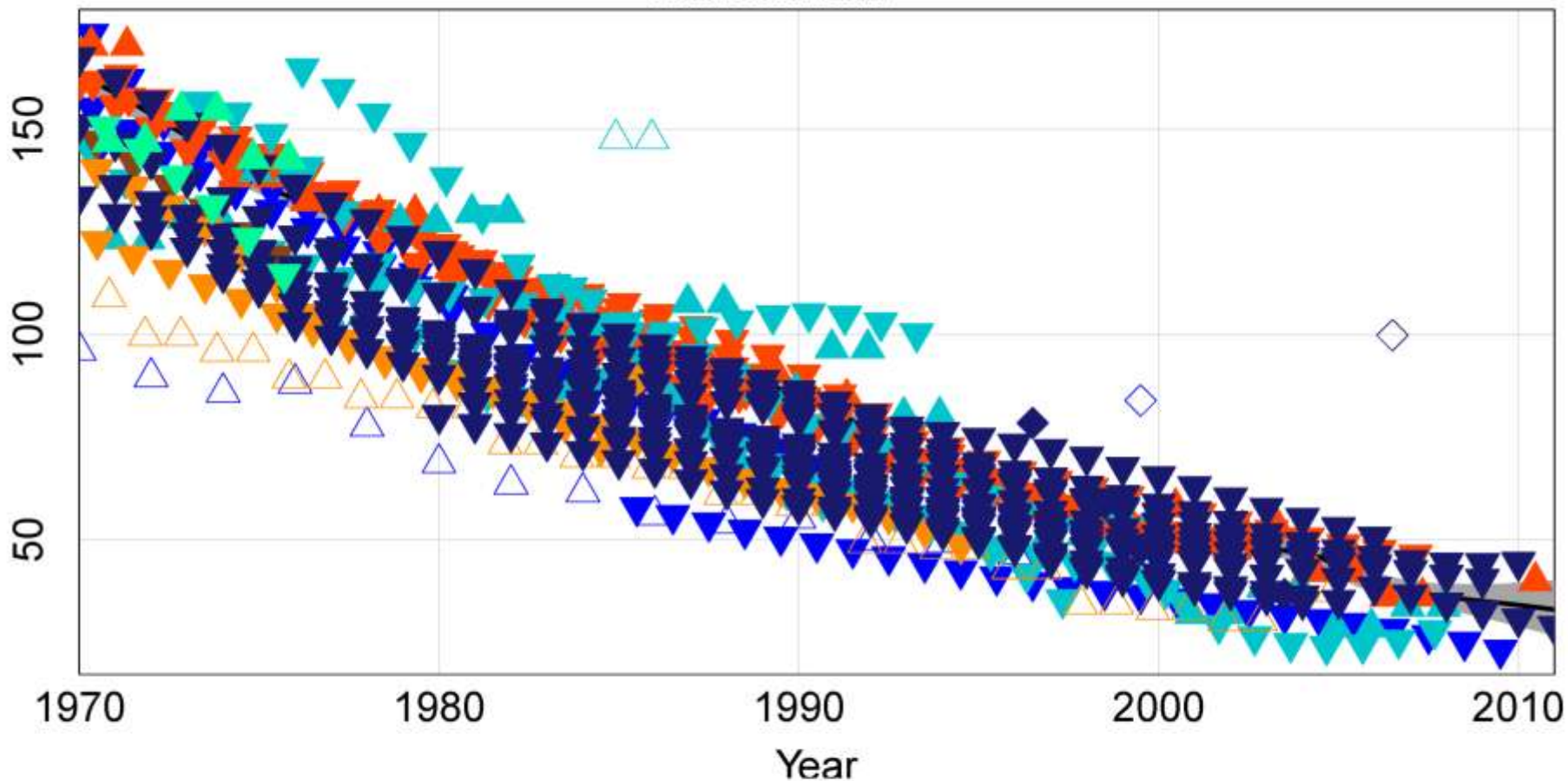
# Percent change in Indonesia age-specific mortality by sex from 1990 to 2010



# Under-5 mortality rate: Indonesia

Asia Southeast

Under-Five Mortality Rate (Deaths per 1,000)



## Data Source and Type:

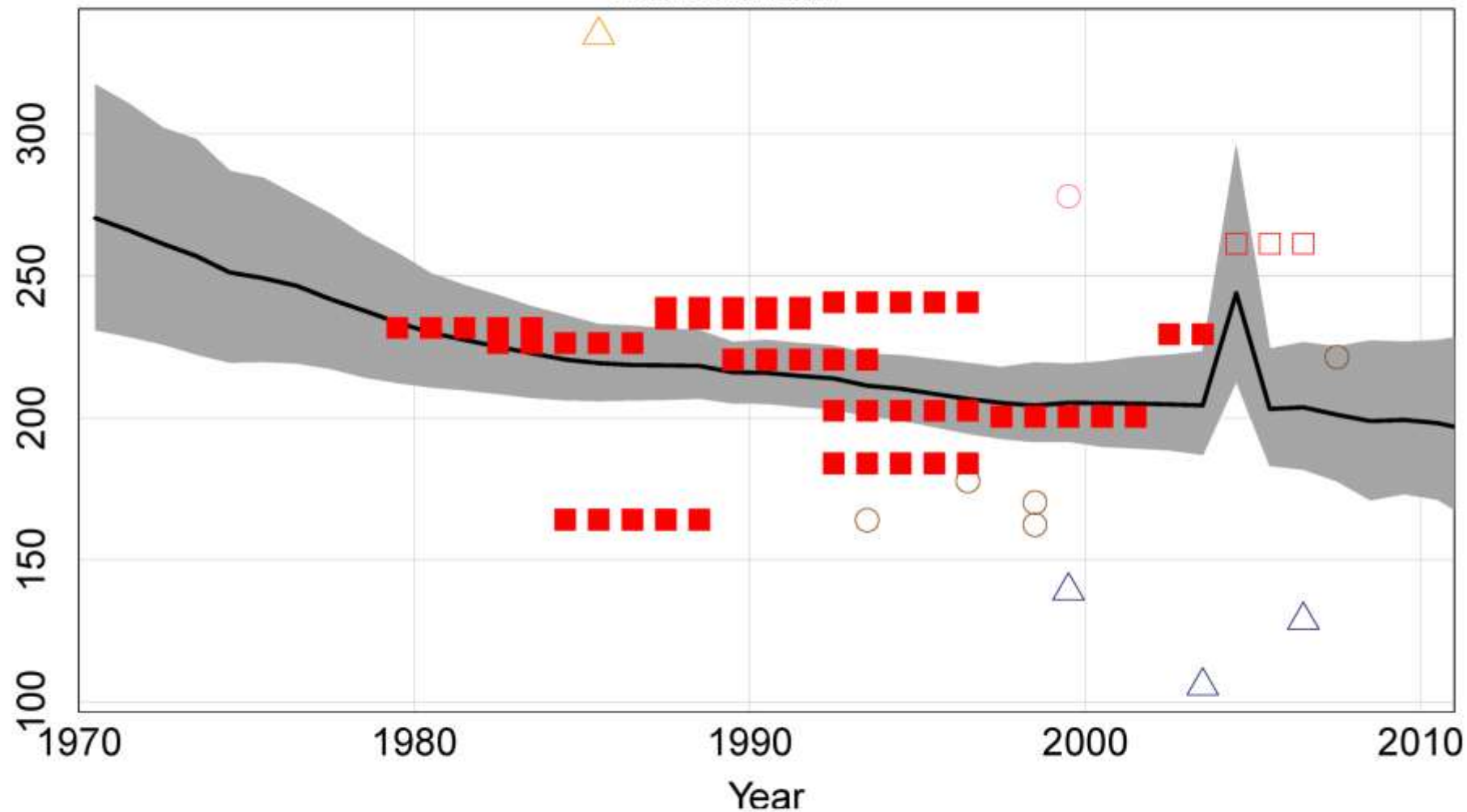
- Gaussian Process Regression with Uncertainty
- ▲ IFLS - Complete Birth History
- ▼ IFLS - Summary Birth History
- ▲ SUPAS - Complete Birth History
- ▼ SUPAS - Summary Birth History
- ▼ SUSENAS - Summary Birth History
- ▲ Census - Complete Birth History
- ▼ Census - Summary Birth History
- ◆ Census - Household Deaths Recall
- ▲ Standard Demographic and Health Survey - Complete Birth History
- ▼ Standard Demographic and Health Survey - Summary Birth History
- ▲ World Fertility Survey - Complete Birth History
- ▼ World Fertility Survey - Summary Birth History
- ▼ Other - Summary Birth History

\*Hollow points indicate data excluded from the analysis

# Adult mortality rate: Indonesia / males

Asia Southeast

Adult Mortality Rate (Deaths per 1,000)



Data Source and Type:

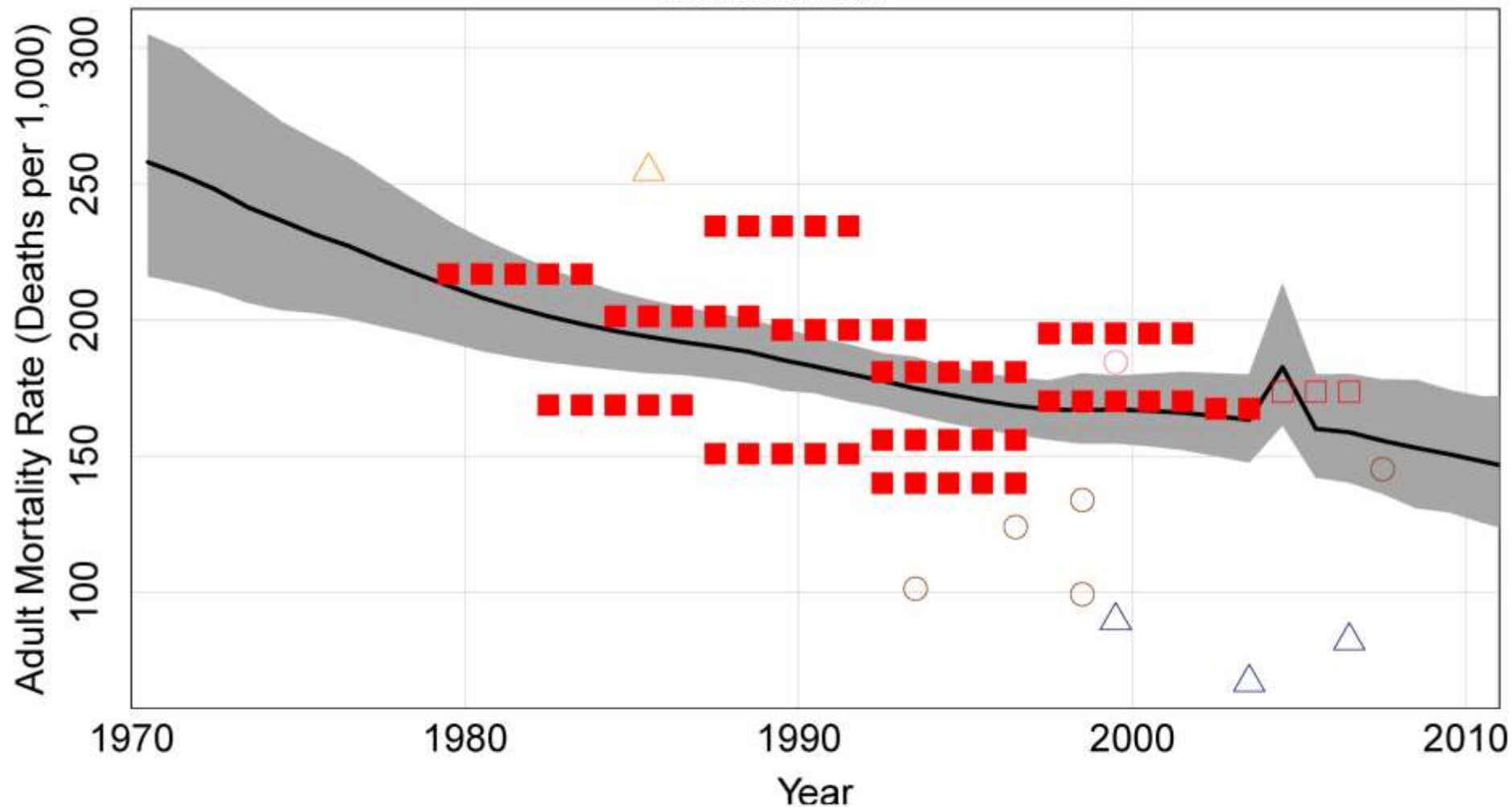
- Gaussian Process Regression with Uncertainty
- ▲ SUPAS - DDM Adjusted
- ▲ SUSENAS - DDM Adjusted
- Demographic and Health Survey - Sibling History

- 2000 Census Survey - Unadjusted
- Indonesia Family Life Survey - Unadjusted
- National Socioeconomic Survey - Unadjusted

\*Hollow points indicate data excluded from the analysis

# Adult mortality rate: Indonesia / females

Asia Southeast



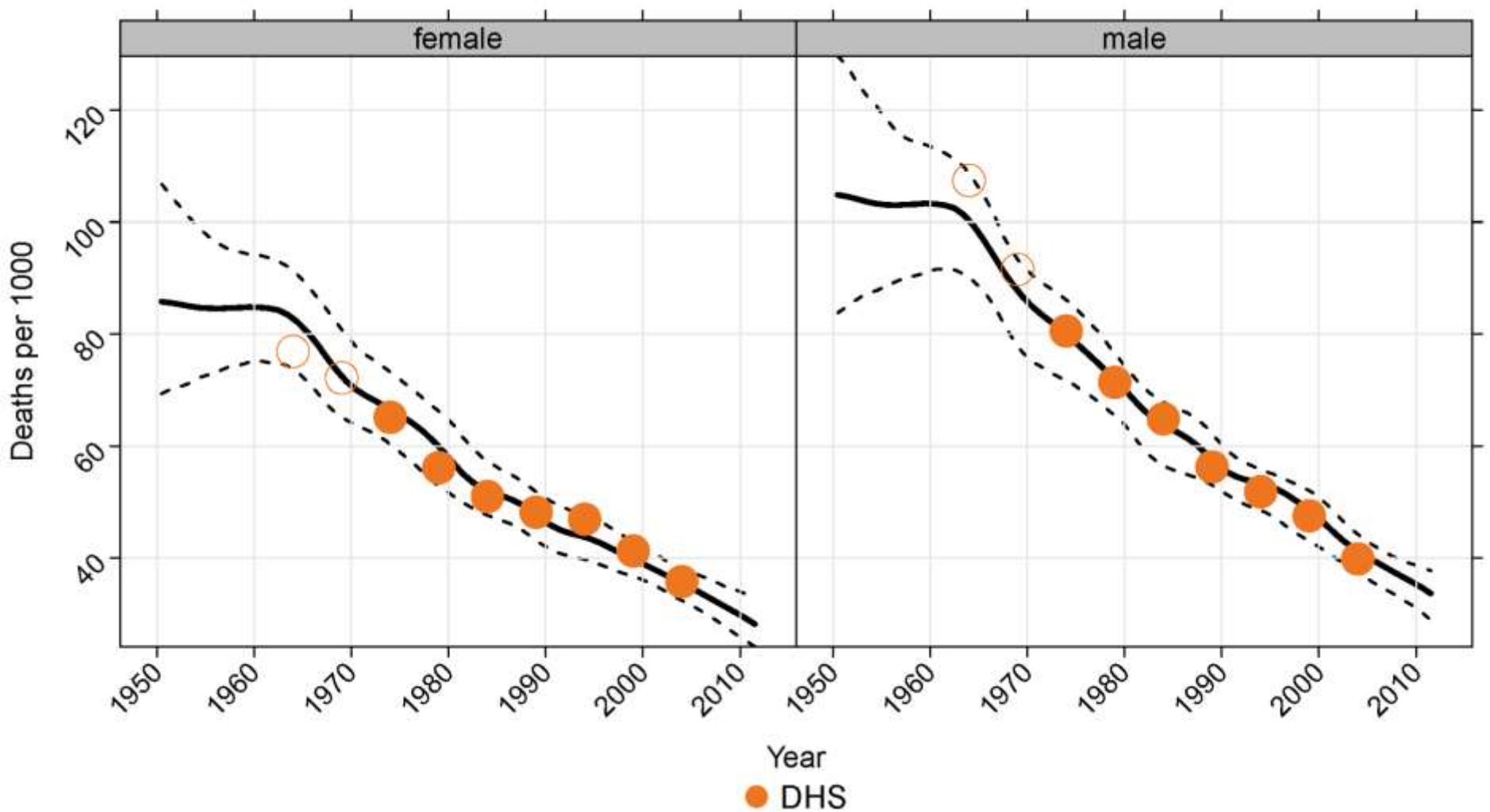
### Data Source and Type:

- Gaussian Process Regression with Uncertainty
- ▲ SUPAS – DDM Adjusted
- ▲ SUSENAS – DDM Adjusted
- Demographic and Health Survey – Sibling History

- 2000 Census Survey – Unadjusted
- Indonesia Family Life Survey – Unadjusted
- National Socioeconomic Survey – Unadjusted

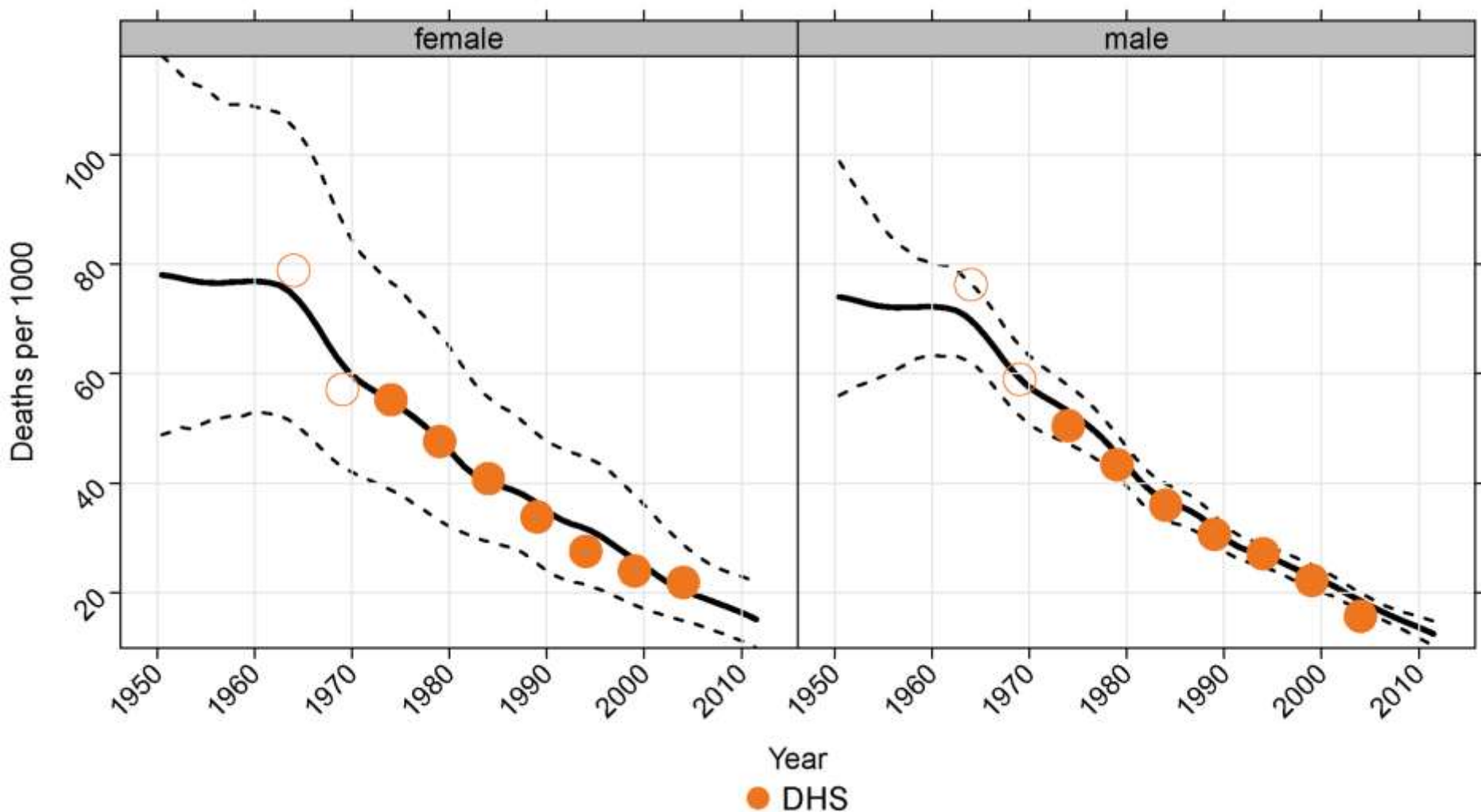
\*Hollow points indicate data excluded from the analysis

# Indonesia – neonatal mortality rate

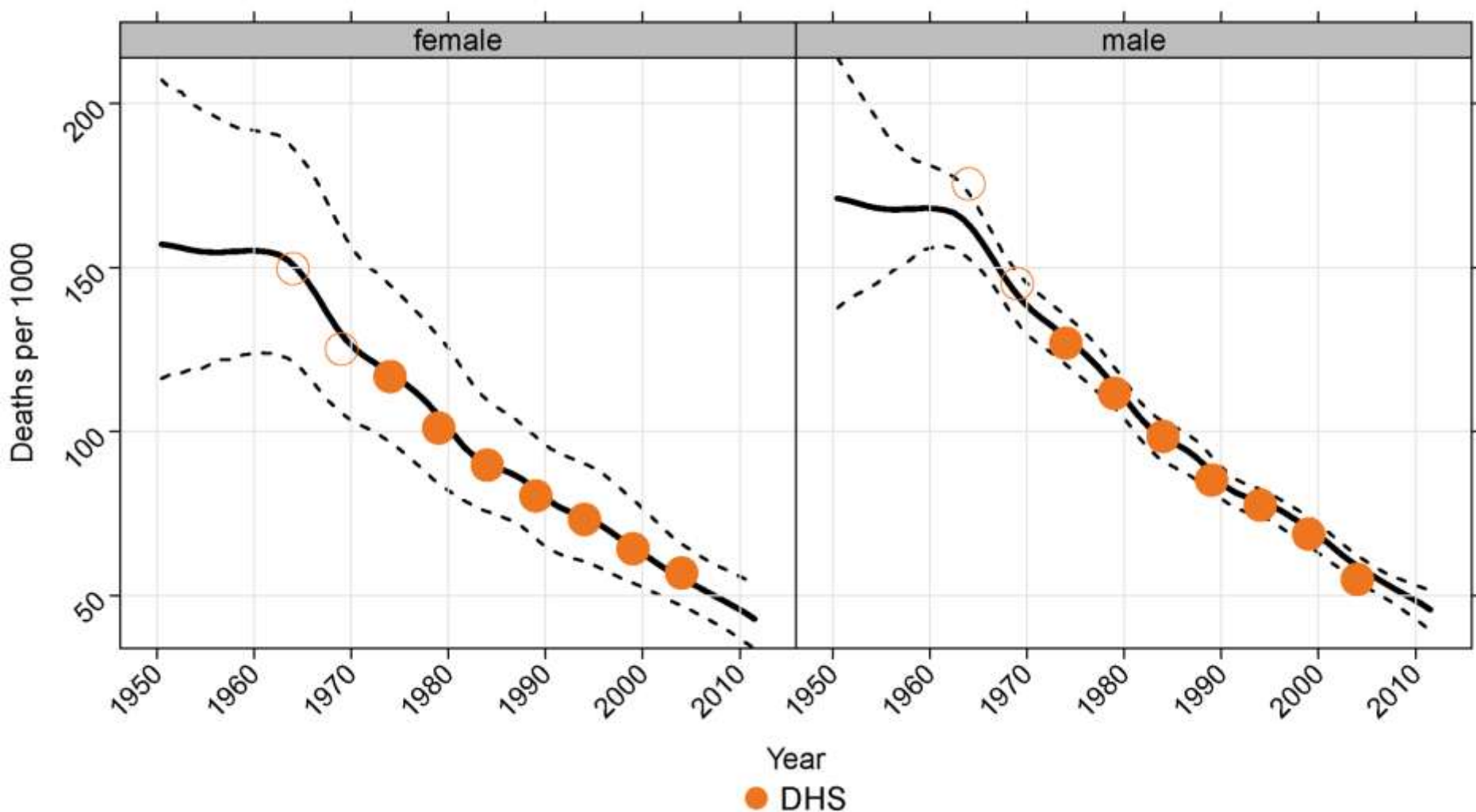




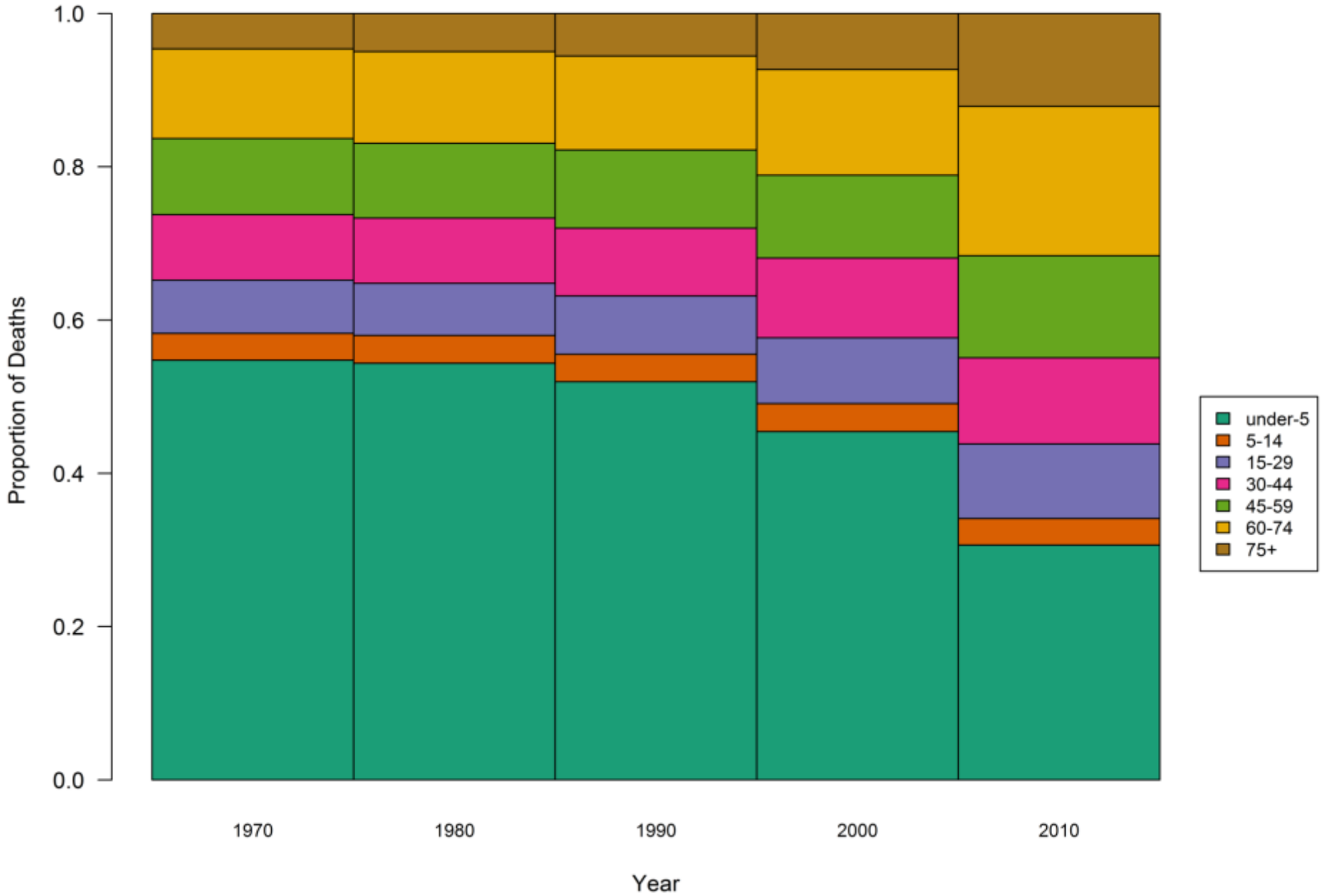
# Indonesia – postneonatal mortality rate



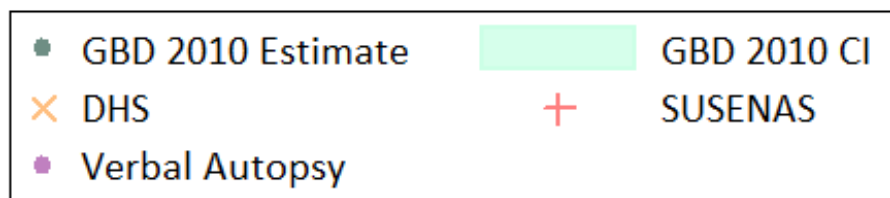
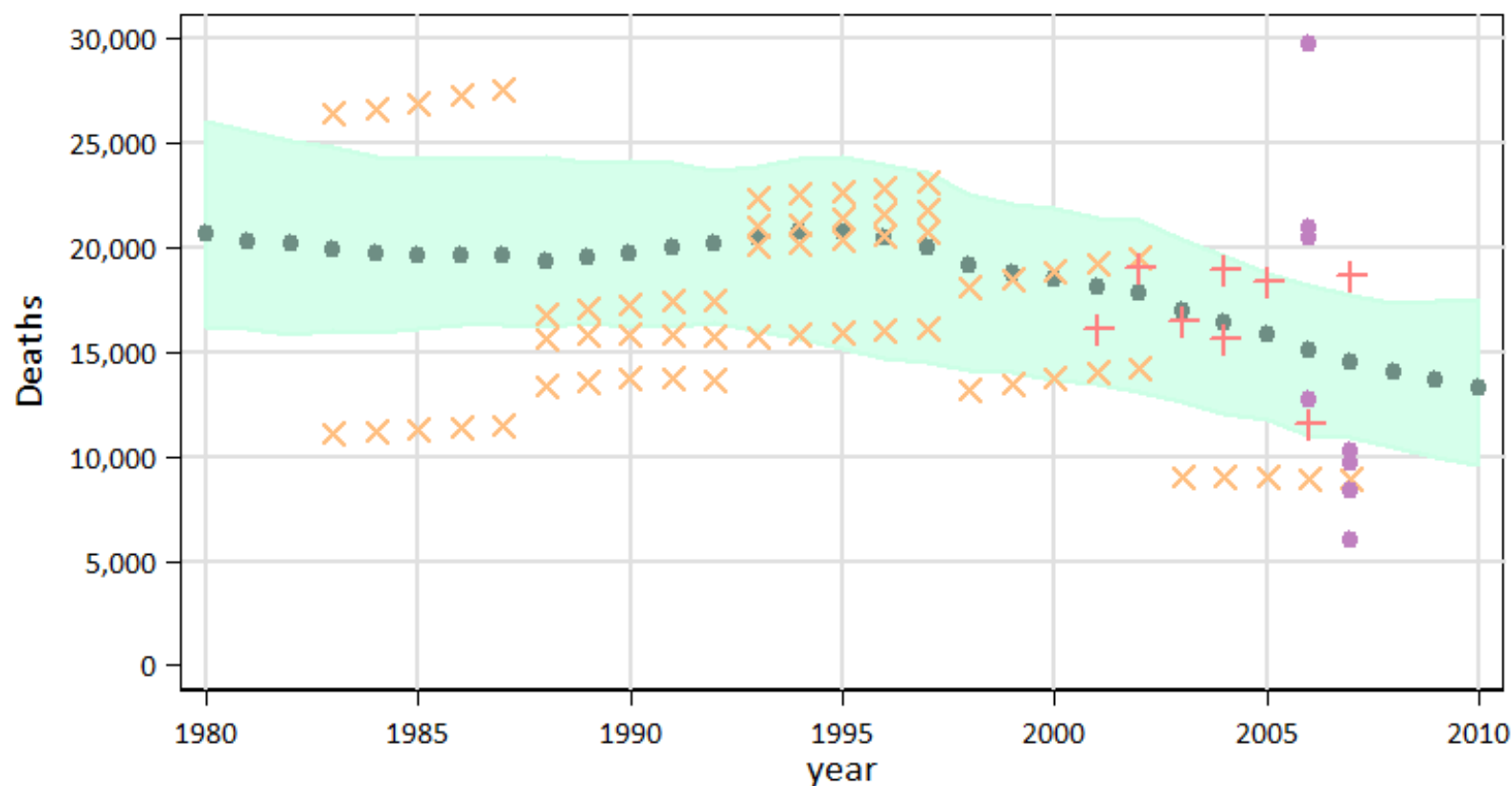
# Indonesia – infant mortality rate



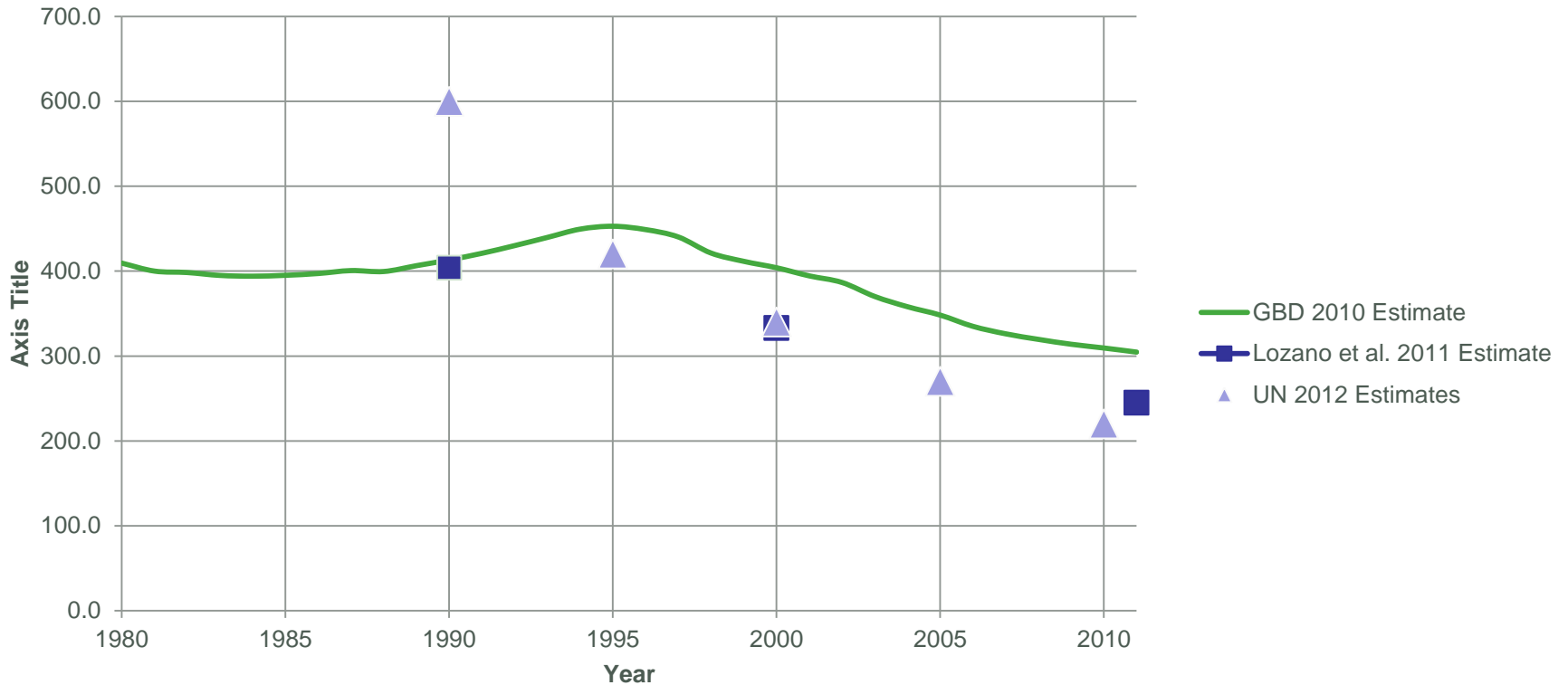
# Deaths by age group in Indonesia



## GBD 2010 Estimates of Maternal Deaths and Data, IDN

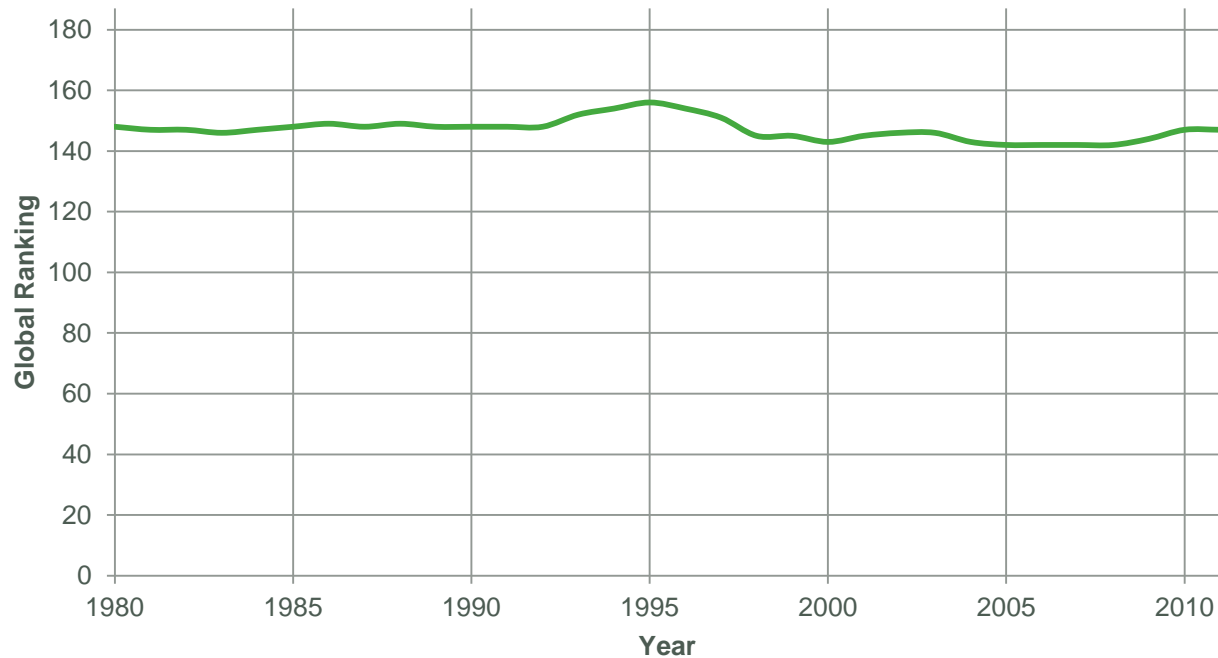


## MMR in Indonesia, 1980-2011



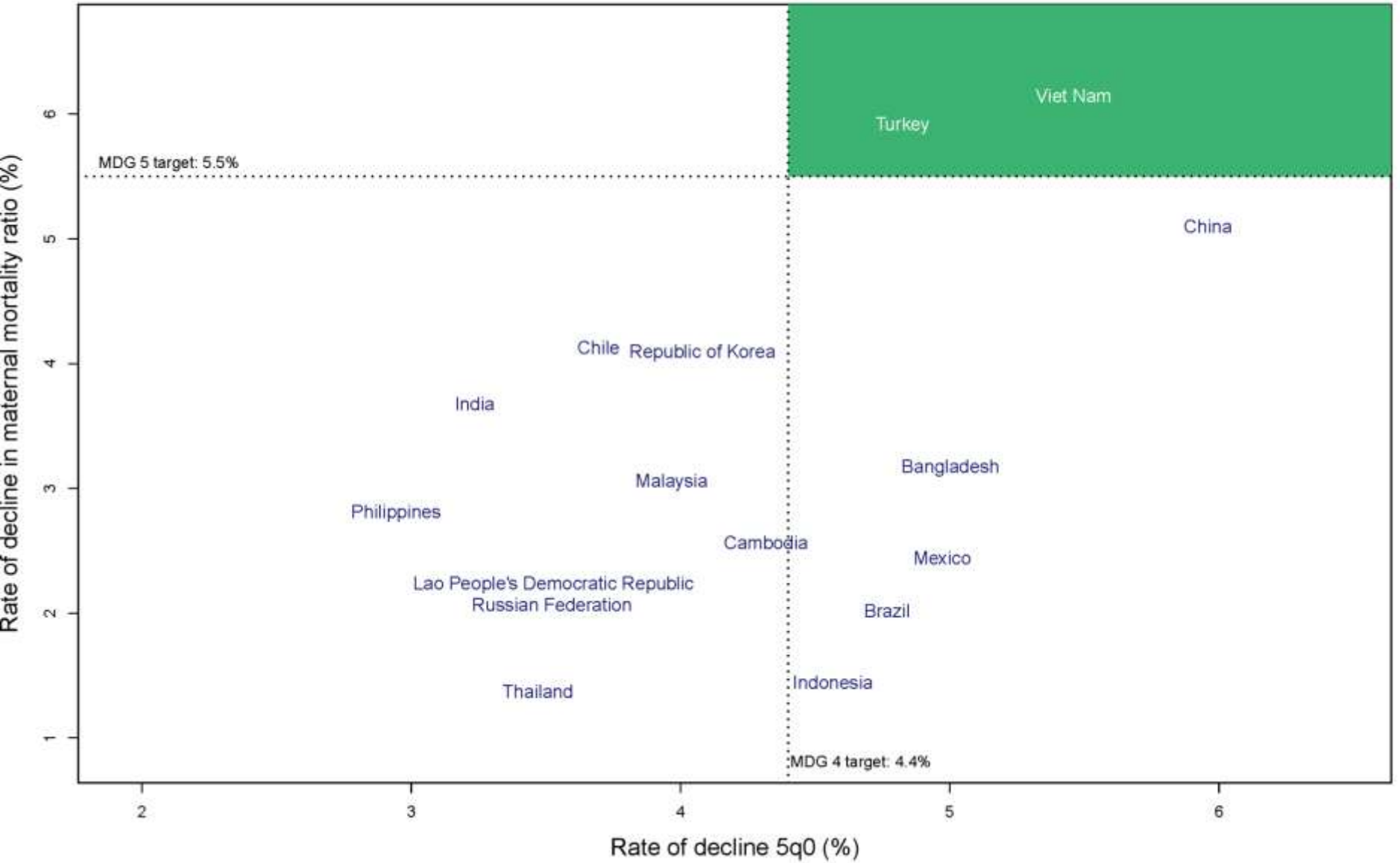
- Annualized % decline in MMR 2000-2011: 2.6
  - On track to meet MDG 5 Target by 2015: 5.5
- 2010 MMR = 309.5

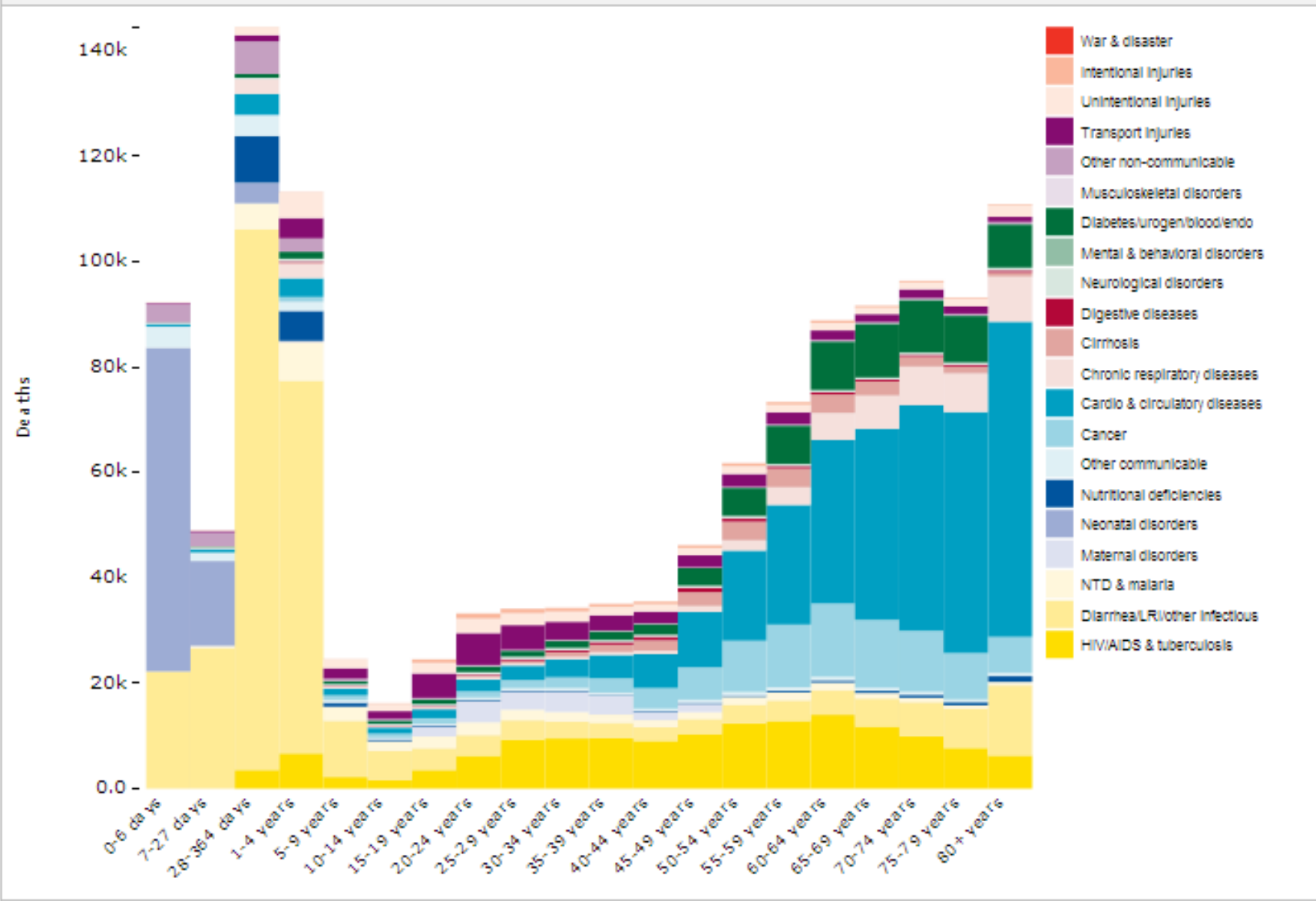
## MMR Global Ranking, Indonesia



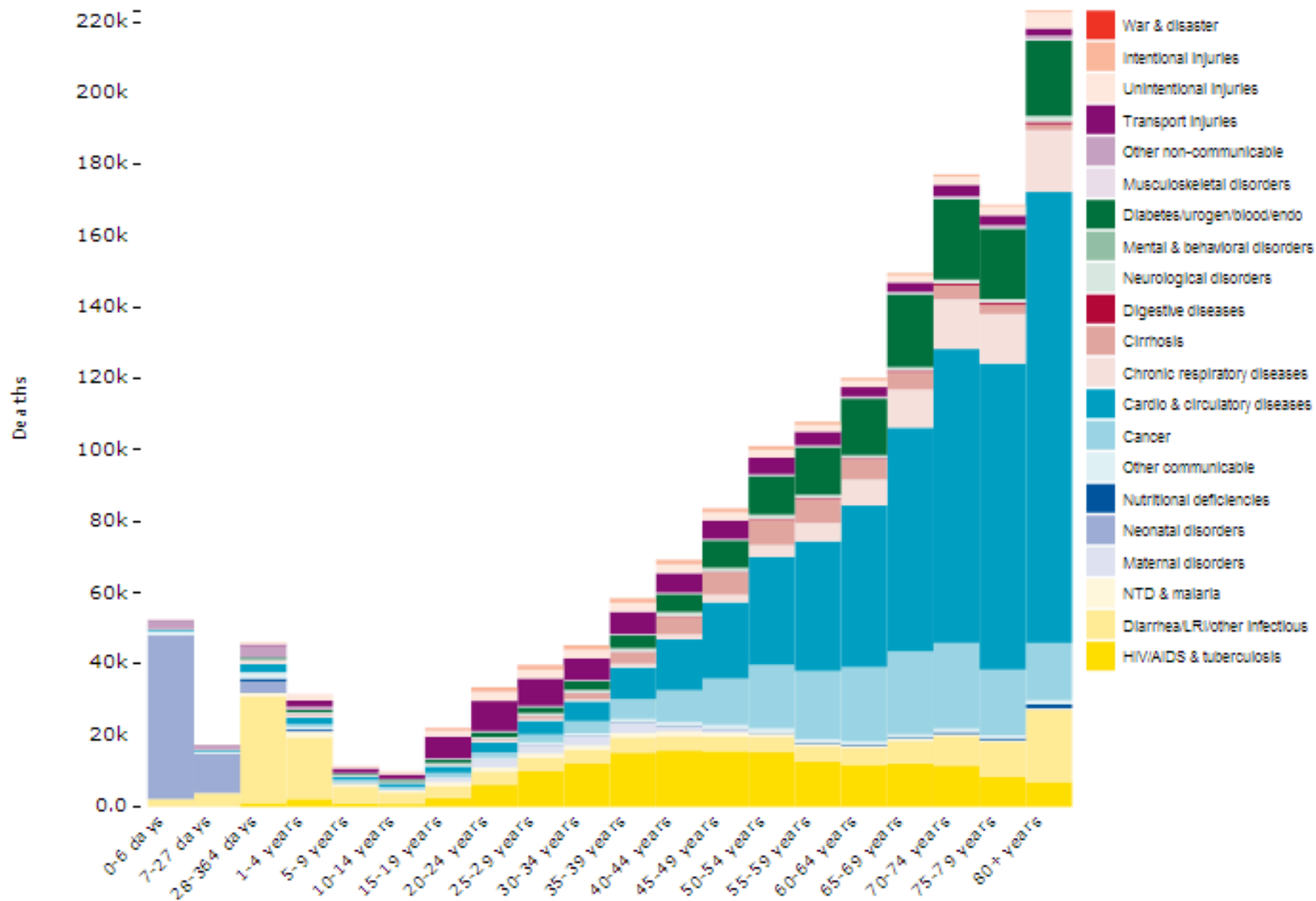
- 147th of 187 countries for 2010
- Countries with similar MMR:
  - Togo (322), Kenya (317), Benin (306), Ghana (304), Laos (299)

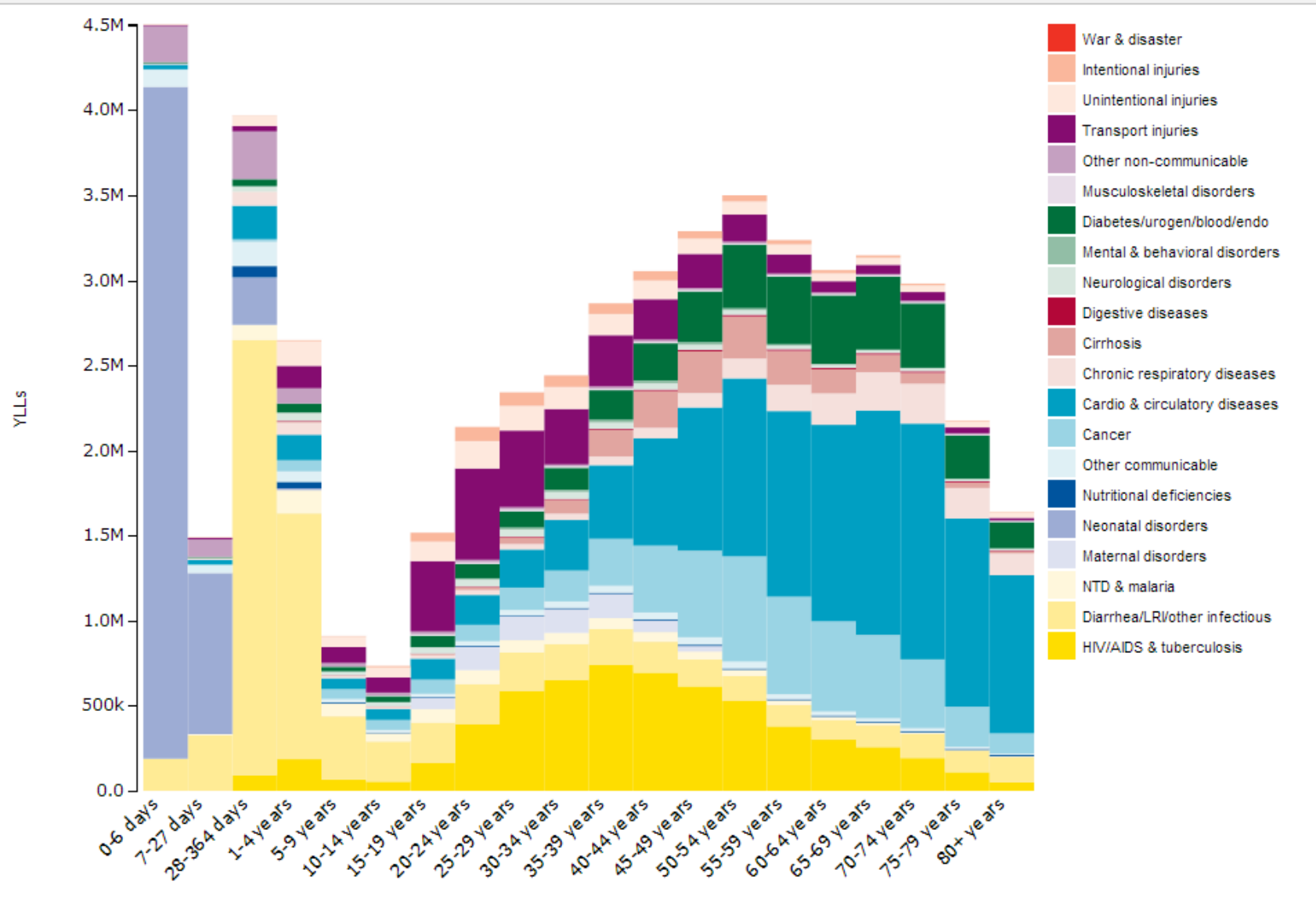
### MDG 4 and 5 Rates of Decline Targets













Both

Male

Female

#

Rate

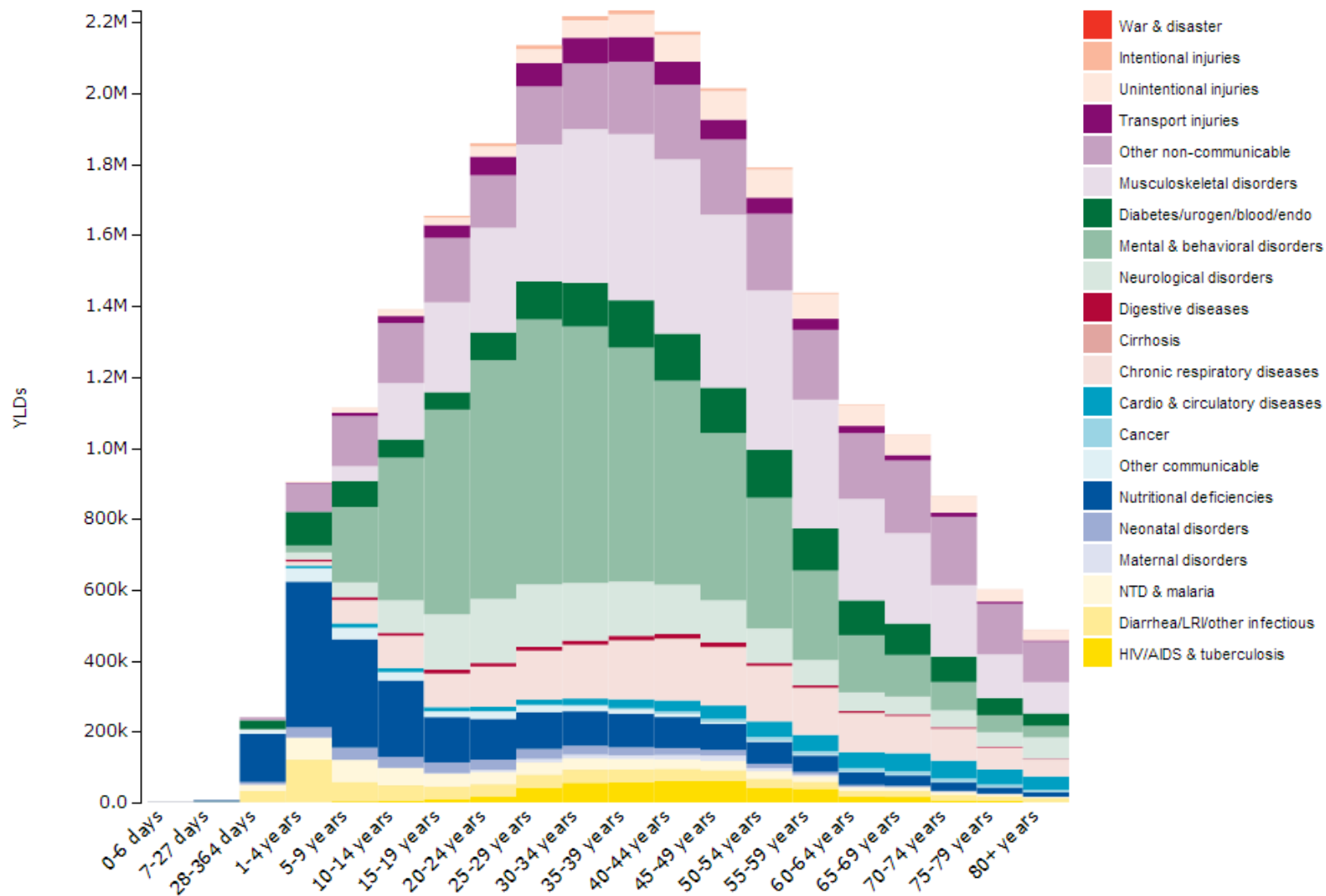
%

YLDs (Years Lost ...)

Indonesia

Overview

2010



Age

Location

Year

Sex



Both

Male

Female

#

Rate

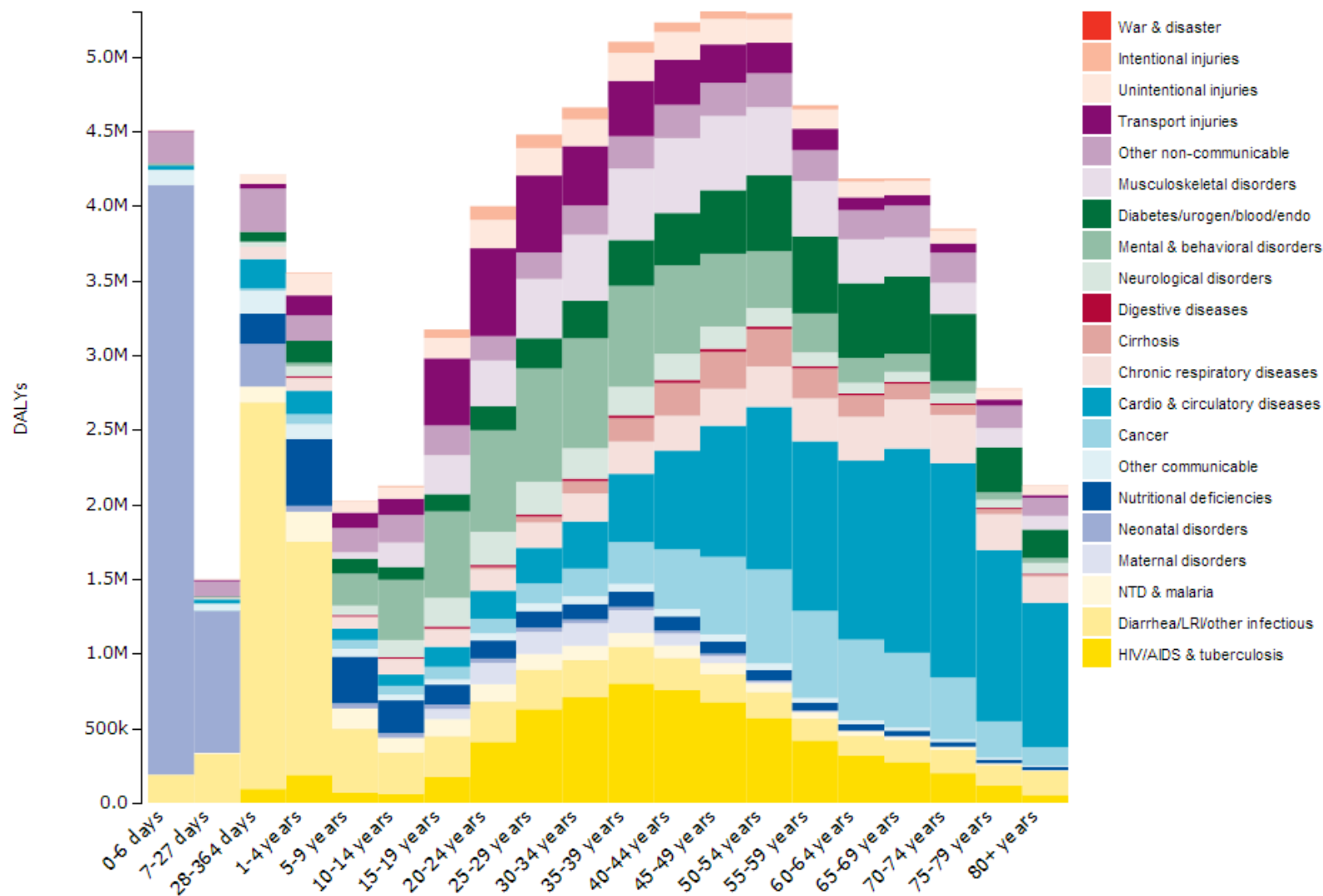
%

DALYs (Disability-...)

Indonesia

Overview

2010



Age Location Year Sex



Indonesia

Top 20

Causes Risks



Both Male Female

YLL (Years of Life Lost)

All ages



1990 Mean rank (95% UI)		2010 Mean rank (95% UI)		Median % change (95% UI)	
1.1 (1-2)	1 Lower respiratory infections	1 Stroke	1.1 (1-2)	76% (49 to 101)	
2.3 (2-3)	2 Tuberculosis	2 Tuberculosis	1.9 (1-2)	-6% (-31 to 25)	
2.7 (1-3)	3 Diarrheal diseases	3 Road injury	3.5 (3-5)	35% (3 to 77)	
4.1 (4-5)	4 Stroke	4 Diarrheal diseases	4.3 (3-8)	-42% (-73 to -20)	
6.5 (5-10)	5 Road injury	5 Ischemic heart disease	4.7 (3-6)	86% (59 to 112)	
7.0 (5-11)	6 Preterm birth complications	6 Lower respiratory infections	6.5 (4-9)	-81% (-85 to -63)	
8.1 (5-13)	7 Malaria	7 Diabetes	7.3 (6-9)	86% (55 to 124)	
9.0 (5-16)	8 Neonatal encephalopathy	8 Neonatal encephalopathy	7.9 (5-11)	8% (-36 to 120)	
11.3 (9-14)	9 Ischemic heart disease	9 Preterm birth complications	8.8 (6-11)	-15% (-41 to 26)	
11.4 (5-20)	10 Meningitis	10 Cirrhosis	10.1 (9-11)	96% (59 to 142)	
11.9 (6-18)	11 Protein-energy malnutrition	11 Chronic kidney disease	12.4 (11-15)	94% (52 to 142)	
12.2 (4-25)	12 Measles	12 Typhoid fevers	14.1 (6-45)	32% (6 to 66)	
12.7 (5-25)	13 Neonatal sepsis	13 Neonatal sepsis	14.6 (9-22)	-16% (-78 to 55)	
13.3 (8-19)	14 Congenital anomalies	14 Lung cancer	15.6 (12-22)	105% (68 to 149)	
14.5 (11-18)	15 Diabetes	15 Other cardio & circulatory	15.9 (13-20)	22% (-10 to 54)	
15.2 (12-18)	16 Maternal disorders	16 Hypertensive heart disease	16.1 (12-20)	68% (38 to 100)	
16.5 (8-26)	17 Tetanus	17 COPD	16.4 (12-20)	40% (-1 to 65)	
18.5 (16-21)	18 Cirrhosis	18 Congenital anomalies	17.8 (13-21)	-42% (-63 to 1)	
18.5 (8-46)	19 Typhoid fevers	19 Maternal disorders	18.1 (13-22)	-34% (-51 to -12)	
20.6 (17-25)	20 Other cardio & circulatory	20 Malaria	18.9 (12-29)	-66% (-86 to -30)	
22.5 (19-26)	22 COPD	31 Meningitis	32.4 (25-38)	-81% (-90 to -45)	
23.5 (20-28)	24 Chronic kidney disease	34 Measles	33.1 (17-53)	-79% (-87 to -65)	
25.3 (21-29)	25 Hypertensive heart disease	40 Protein-energy malnutrition	41.9 (34-49)	-86% (-93 to -75)	
27.7 (24-32)	28 Lung cancer	57 Tetanus	56.0 (43-69)	-91% (-96 to -79)	



Indonesia

Top 20

Causes Risks



Both Male Female

YLD (Years Lost due to Disability)

All ages



## 1990 Mean rank (95% UI)

1.5 (1-3)	1 Iron-deficiency anemia
2.0 (1-4)	2 Major depressive disorder
2.5 (1-4)	3 Low back pain
5.5 (4-10)	4 COPD
5.8 (4-8)	5 Neck pain
6.5 (4-13)	6 Migraine
6.5 (3-14)	7 Anxiety disorders
8.1 (5-12)	8 Other musculoskeletal
10.3 (6-18)	9 Other hearing loss
11.1 (6-19)	10 Drug use disorders
12.2 (8-17)	11 Falls
12.4 (8-18)	12 Road injury
14.1 (8-24)	13 Bipolar disorder
16.4 (9-27)	14 Dysthymia
16.4 (7-33)	15 Epilepsy
17.4 (9-29)	16 Schizophrenia
17.8 (12-26)	17 Diabetes
18.2 (11-26)	18 Diarrheal diseases
18.4 (11-28)	19 Osteoarthritis
18.4 (12-28)	20 Tuberculosis
29.7 (12-53)	26 Periodontal disease

## 2010 Mean rank (95% UI)

1 Low back pain	1.6 (1-3)	50% (19 to 87)
2 Major depressive disorder	1.7 (1-4)	33% (-19 to 124)
3 Iron-deficiency anemia	3.0 (1-5)	-18% (-20 to -16)
4 COPD	5.1 (3-10)	55% (1 to 144)
5 Neck pain	5.7 (4-8)	51% (12 to 99)
6 Migraine	6.6 (3-15)	46% (-41 to 258)
7 Other musculoskeletal	7.4 (5-12)	63% (6 to 147)
8 Anxiety disorders	7.8 (3-18)	26% (-63 to 311)
9 Drug use disorders	11.1 (6-18)	53% (-4 to 145)
10 Falls	11.3 (8-16)	60% (33 to 96)
11 Other hearing loss	11.8 (6-19)	36% (13 to 61)
12 Road injury	13.6 (9-18)	46% (16 to 84)
13 Bipolar disorder	13.7 (7-21)	55% (16 to 102)
14 Diabetes	14.3 (9-20)	83% (40 to 153)
15 Osteoarthritis	14.8 (8-20)	84% (12 to 182)
16 Schizophrenia	15.0 (8-22)	73% (16 to 153)
17 Dysthymia	16.3 (10-23)	49% (17 to 89)
18 Epilepsy	17.3 (8-29)	34% (-49 to 251)
19 Tuberculosis	17.6 (12-24)	53% (39 to 69)
20 Periodontal disease	23.1 (11-40)	74% (40 to 117)
21 Diarrheal diseases	23.8 (19-30)	-2% (-19 to 16)

## Median % change (95% UI)



Indonesia

Top 20

Causes

Risks



Both

Male

Female

DALY (Disability-Adjusted Life Ye...)

All ages



## 1990 Mean rank (95% UI)

1.1 (1-2)	1 Lower respiratory infections
2.3 (2-3)	2 Tuberculosis
2.7 (1-3)	3 Diarrheal diseases
4.1 (4-5)	4 Stroke
6.1 (4-10)	5 Road injury
8.0 (5-14)	6 Preterm birth complications
9.1 (5-16)	7 Iron-deficiency anemia
9.6 (5-17)	8 Malaria
9.7 (5-18)	9 Neonatal encephalopathy
11.3 (5-20)	10 Major depressive disorder
13.2 (7-20)	11 Low back pain
13.2 (5-24)	12 Meningitis
13.5 (10-18)	13 Ischemic heart disease
14.0 (7-21)	14 Protein-energy malnutrition
15.9 (4-34)	15 Measles
16.1 (12-20)	16 Diabetes
16.5 (5-33)	17 Neonatal sepsis
16.6 (9-24)	18 Congenital anomalies
16.8 (10-22)	19 COPD
19.2 (16-22)	20 Maternal disorders
23.5 (20-28)	22 Cirrhosis
24.4 (10-68)	23 Typhoid fevers
27.4 (21-36)	25 Neck pain
28.6 (17-44)	29 Migraine
28.9 (24-35)	30 Chronic kidney disease
33.2 (26-40)	33 Other musculoskeletal

## 2010 Mean rank (95% UI)

2010 Mean rank (95% UI)	Median % change (95% UI)	
1 Stroke	1.3 (1-2)	76% (50 to 101)
2 Tuberculosis	1.7 (1-2)	-4% (-28 to 26)
3 Road injury	3.3 (3-5)	36% (7 to 72)
4 Diarrheal diseases	4.8 (3-9)	-40% (-71 to -19)
5 Ischemic heart disease	5.3 (4-7)	85% (59 to 111)
6 Diabetes	7.1 (5-10)	86% (57 to 118)
7 Low back pain	8.1 (4-13)	50% (19 to 87)
8 Major depressive disorder	8.2 (3-14)	33% (-19 to 124)
9 Lower respiratory infections	8.7 (5-12)	-81% (-85 to -63)
10 Neonatal encephalopathy	9.6 (5-14)	7% (-34 to 104)
11 COPD	11.2 (6-15)	48% (9 to 97)
12 Preterm birth complications	11.4 (8-15)	-14% (-39 to 26)
13 Iron-deficiency anemia	12.8 (7-17)	-18% (-20 to -15)
14 Cirrhosis	13.8 (11-16)	95% (59 to 139)
15 Chronic kidney disease	16.8 (15-20)	90% (49 to 140)
16 Neck pain	19.8 (15-30)	51% (12 to 99)
17 Typhoid fevers	20.2 (7-64)	32% (6 to 65)
18 Neonatal sepsis	21.8 (12-35)	-16% (-78 to 55)
19 Other musculoskeletal	22.0 (16-30)	78% (19 to 161)
20 Migraine	22.1 (11-38)	46% (-41 to 258)
24 Congenital anomalies	23.8 (18-30)	-39% (-59 to 5)
26 Maternal disorders	25.0 (17-32)	-31% (-50 to -6)
29 Malaria	26.8 (17-40)	-64% (-84 to -29)
39 Meningitis	41.2 (34-49)	-77% (-86 to -43)
50 Protein-energy malnutrition	50.8 (41-59)	-81% (-89 to -68)
51 Measles	51.1 (25-85)	-79% (-87 to -65)

**Top Chart** Stacked Bar Ch...

**Risk Factor Category**  
Overview

**Metric** DALYs (Disabilit...

**Place** Indonesia

**Year** 2010

**Age** All ages

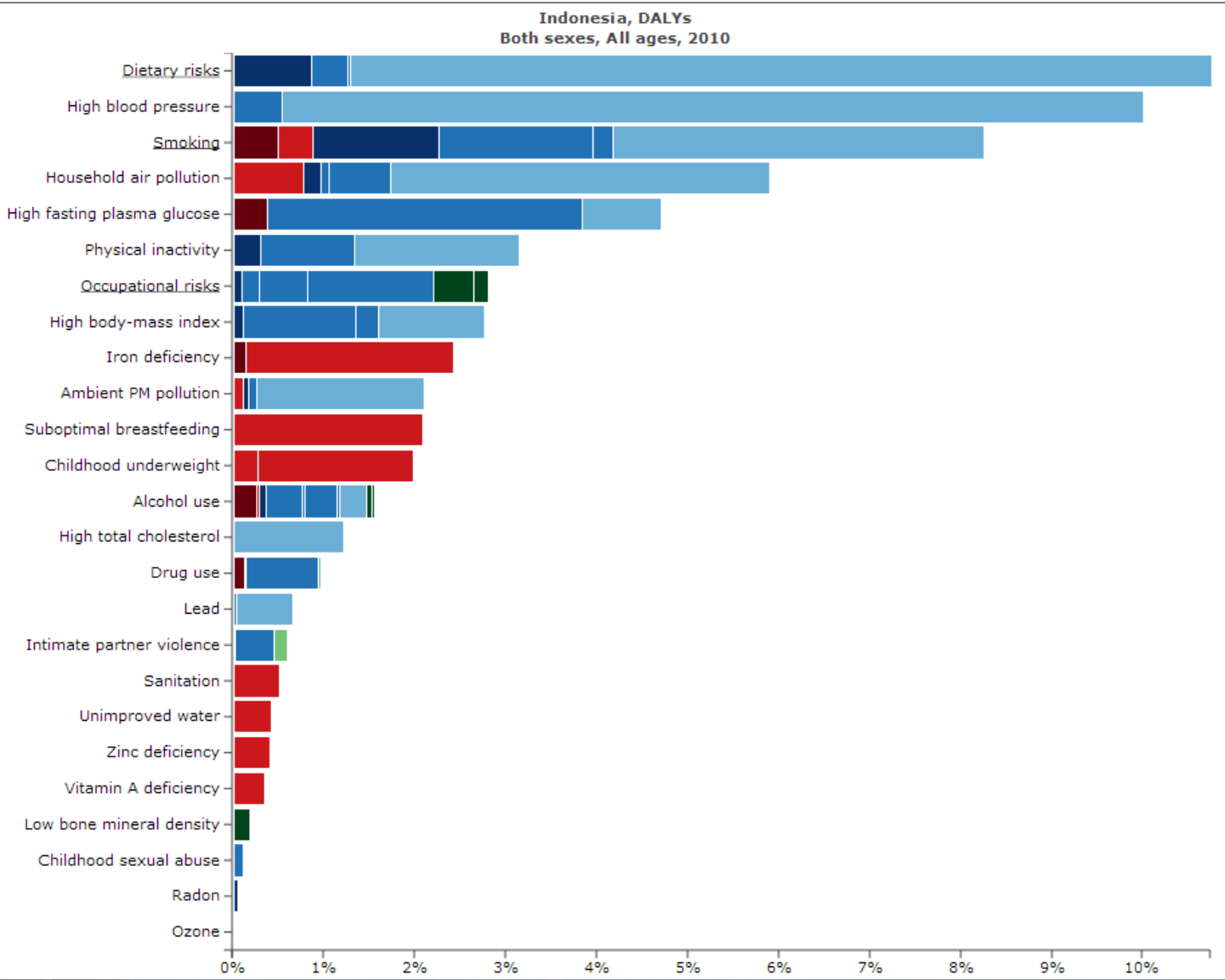
**Sex** Both Male Female

**Units** # Rate %

**Bar Order** Rank Alphabetical

---

**Bottom Chart** None selected





**Top Chart** Stacked Bar Ch...

**Risk Factor Category**  
Dietary risks

**Metric**  
DALYs (Disabilit...)

**Place**  
Indonesia

**Year** 2010

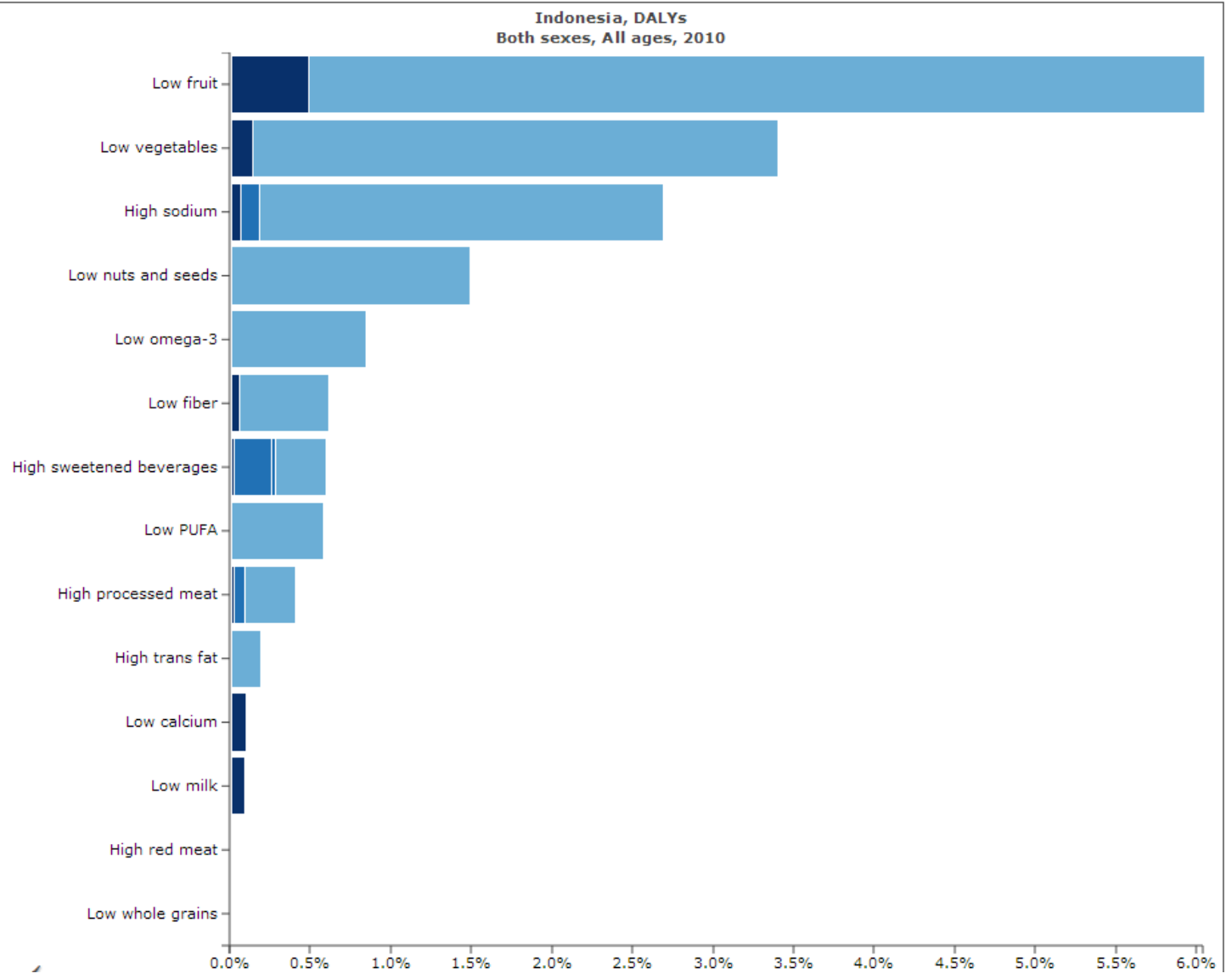
**Age**  
All ages

**Sex**  
Both Male Female

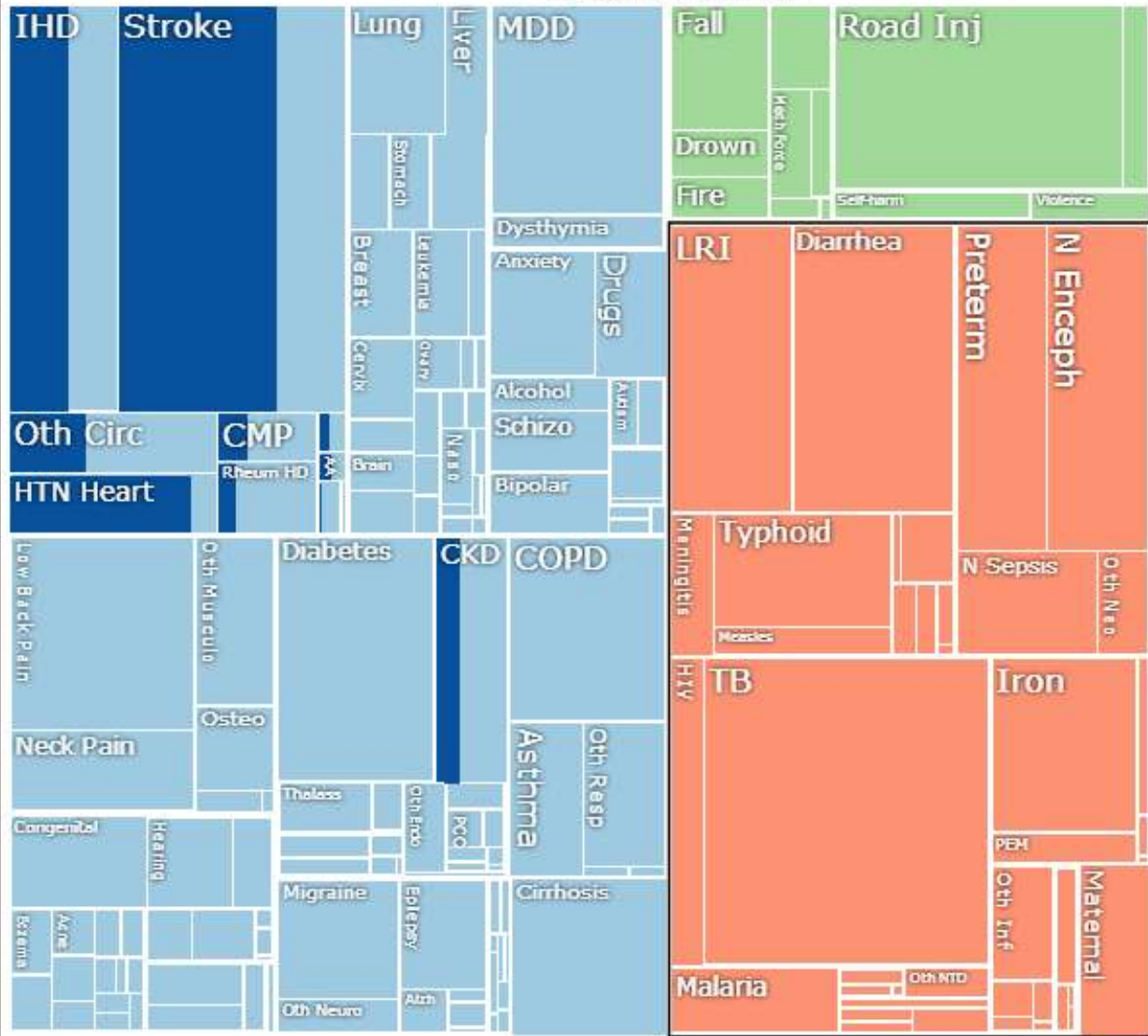
**Units**  
# Rate %

**Bar Order**  
Rank Alphabetical

**Bottom Chart** None selected



Indonesia, DALYs attributable to High blood pressure  
Both sexes, All ages, 2010



DALYs attributable to risk factor

DALYs not attributable to risk factor

**Top Chart** Treemap

Cause of Disease or Injury  
A. Communicable, mater...

Risk Factor  
High Blood pressure

Metric  
DALYs (Disability...

Place  
Indonesia

Year  
2010

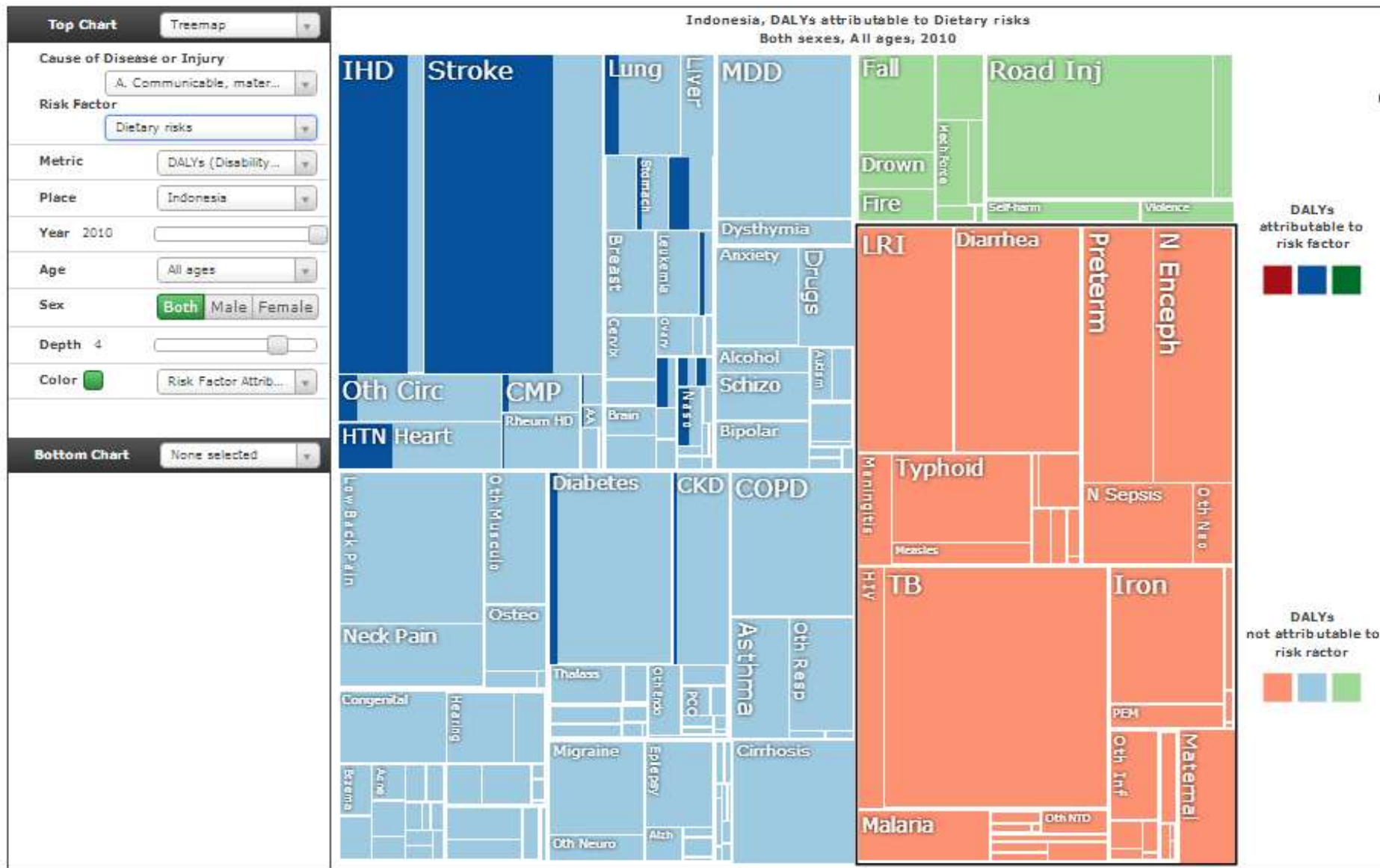
Age  
All ages

Sex  
Both Male Female

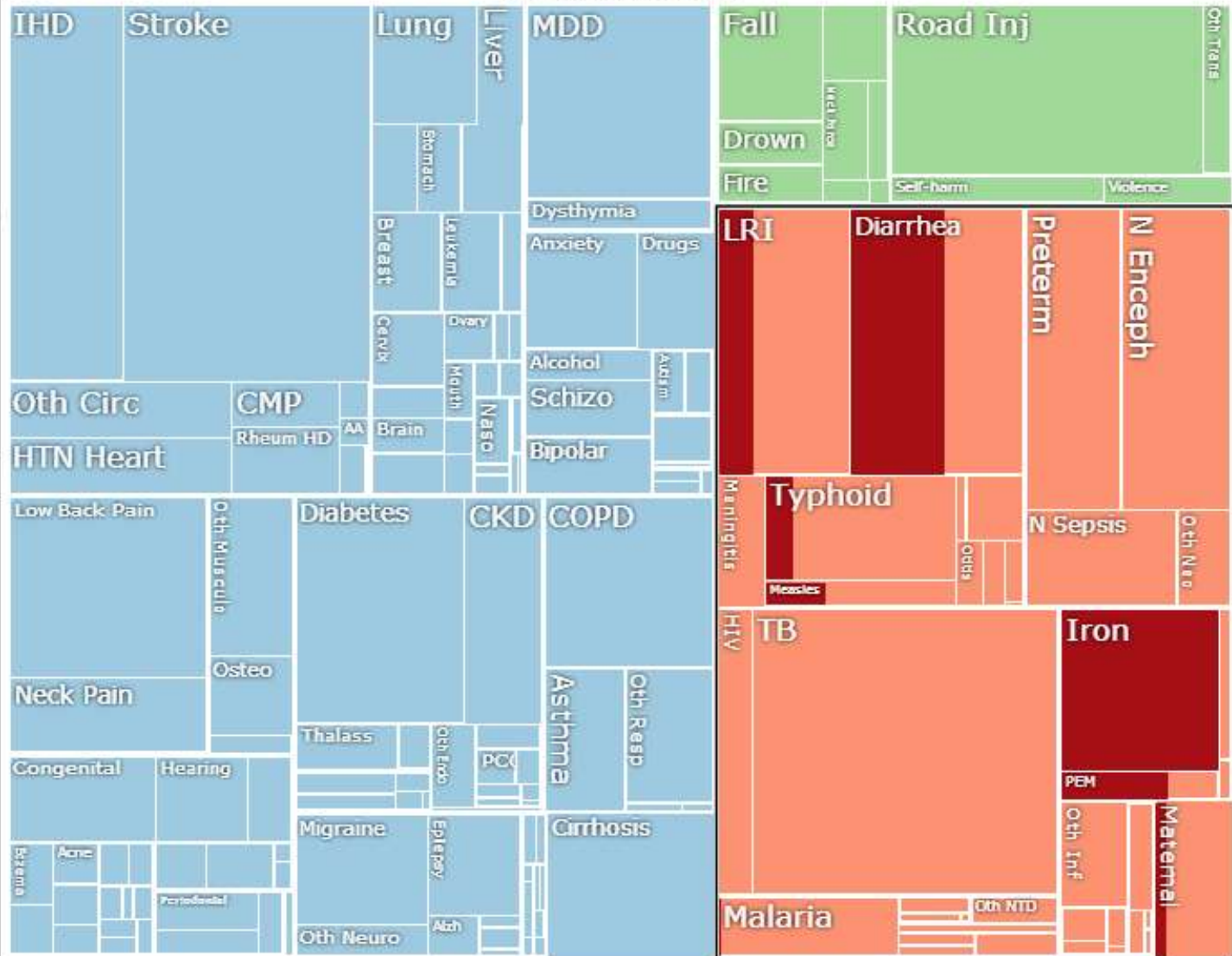
Depth  
4

Color  
Risk Factor Attrib...

**Bottom Chart** None selected



Indonesia, DALYs attributable to Child and maternal undernutrition  
Both sexes, All ages, 2010



**Top Chart** Treemap

Cause of Disease or Injury  
A. Communicable, mater...

Risk Factor  
Child and maternal under...

Metric  
DALYs (Disability...

Place  
Indonesia

Year 2010

Age  
All ages

Sex  
**Both** Male Female

Depth 4

Color  
Risk Factor Attrib...

**Bottom Chart** None selected

# Outline

What is the GBD 2010?

Some Key Global Results

Indonesia Results



Benchmarking Indonesia

Continuous Updating

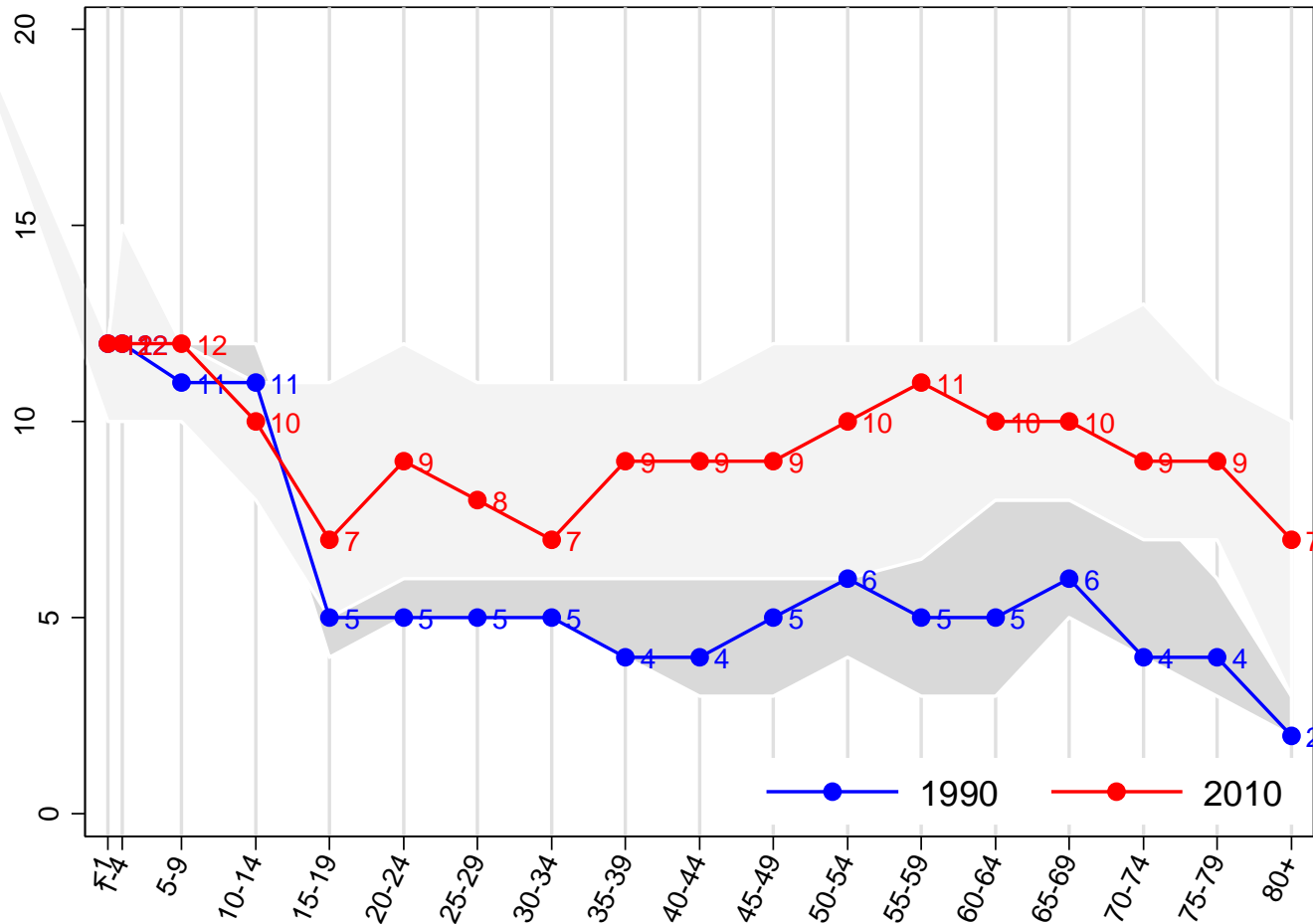
# Indonesia Outcomes Compared to Other Countries of Interest

- South Korea
- Chile
- Vietnam
- Mexico
- China
- Turkey
- Thailand
- Brazil
- Malaysia
- Bangladesh
- Philippines
- Russia
- Cambodia
- Laos
- India

# Indonesia Outcomes Compared to Other Countries of Interest

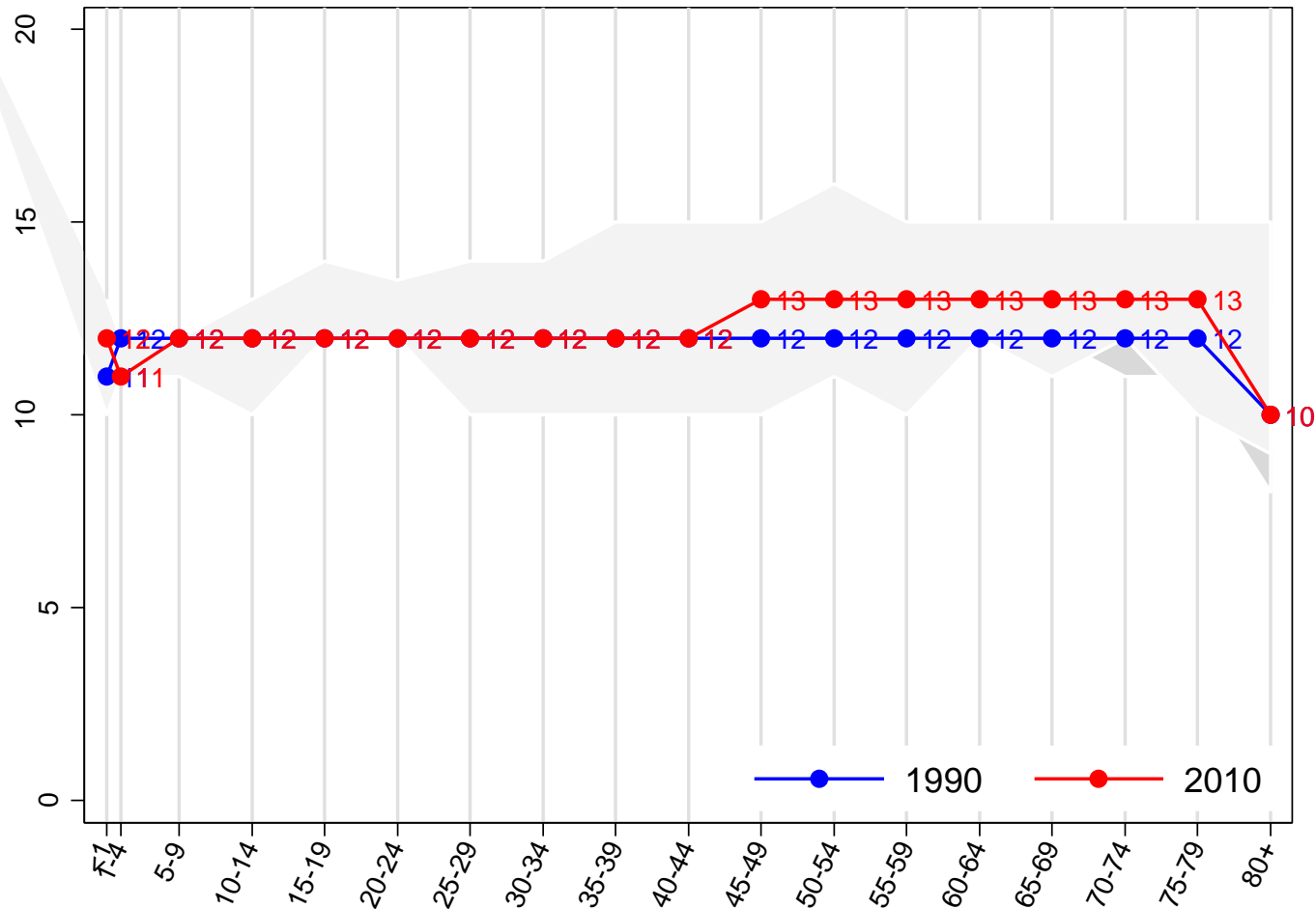
Country	Age-standardized death rate (per 100,000)				Age-standardized YLL rate (per 100,000)				Age-standardized YLD rate (per 100,000)				Life expectancy at birth				Health-adjusted life expectancy at birth			
	1990		2010		1990		2010		1990		2010		1990		2010		1990		2010	
	Rate	Rank	Rate	Rank	Rate	Rank	Rate	Rank	Rate	Rank	Rate	Rank	LE	Rank	LE	Rank	HALE	Rank	HALE	Rank
Bangladesh	1,295	13	864	11	49,258	14	26,361	13	14,743	16	13,206	16	58.9	14	69.0	12	49.5	15	58.6	13
Brazil	854	6	670	8	26,370	9	17,580	9	12,016	8	11,637	10	69.1	7	74.1	7	59.6	8	64.0	9
Cambodia	1,355	14	957	14	47,844	13	28,770	14	14,501	15	12,603	15	59.2	13	67.5	14	50.0	13	58.0	14
Chile	760	3	490	2	18,210	1	11,136	2	11,185	5	10,407	5	72.9	1	78.5	2	63.4	2	68.6	2
China	896	8	607	5	24,989	6	14,024	3	9,639	1	8,782	1	69.3	6	75.7	3	61.7	6	67.8	3
India	1,447	15	1,097	16	50,084	15	33,366	15	13,727	14	12,494	14	58.3	15	65.2	16	49.8	14	56.2	16
<b>Indonesia</b>	<b>1,033</b>	<b>12</b>	<b>867</b>	<b>10</b>	<b>34,584</b>	<b>12</b>	<b>24,178</b>	<b>11</b>	<b>12,101</b>	<b>9</b>	<b>11,107</b>	<b>7</b>	<b>65.0</b>	<b>12</b>	<b>69.7</b>	<b>11</b>	<b>56.2</b>	<b>12</b>	<b>60.9</b>	<b>10</b>
Laos	1,532	16	1,094	15	56,031	16	34,746	16	13,297	12	12,323	12	56.4	16	64.8	15	48.4	16	56.0	15
Malaysia	825	5	726	9	19,850	3	16,000	6	11,926	7	11,186	8	71.6	4	73.7	9	62.0	5	64.4	7
Mexico	740	2	604	4	22,775	5	15,658	5	10,092	3	9,364	2	71.5	5	75.5	5	62.9	4	66.9	4
Philippines	909	9	868	12	28,515	10	23,262	10	13,334	13	12,483	13	67.8	10	70.1	10	57.7	11	60.2	11
Russia	953	11	952	13	25,715	7	25,387	12	11,536	6	11,444	9	68.7	9	68.9	13	59.8	7	60.0	12
South Korea	813	4	447	1	18,830	2	8,941	1	10,074	2	9,575	3	72.1	3	79.7	1	63.8	1	70.3	1
Thailand	712	1	663	7	20,676	4	17,227	8	11,069	4	10,369	4	72.4	2	74.1	8	63.1	3	65.2	6
Turkey	942	10	628	6	30,025	11	16,760	7	12,442	11	11,885	11	67.1	11	74.4	6	57.7	10	64.0	8
Vietnam	876	7	595	3	26,230	8	15,123	4	12,188	10	10,909	6	68.9	8	75.6	4	59.4	9	65.8	5

# Indonesia rank in male age-specific mortality when compared with 15 countries





# Indonesia rank in female age-specific mortality when compared with 15 countries



# Benchmarking Age-Standardized YLLs 2010

All-Cause	Stroke	Tuberculosis	Diarrheal diseases	Road injury	Diabetes	Ischemic heart disease	Lower respiratory infections	Neonatal encephalopathy	Pret-term birth complications	Cirrhosis	Typhoid fevers	Chronic kidney disease	Neonatal sepsis	Other cardiovascular & circulatory heart disease	Hypertensive disease	COPD	Malaria	Maternal disorders	Asthma	Lung cancer	HIV/AIDS	Rheumatic heart disease	Congenital anomalies	Breast cancer	Leukemia
South Korea	5	5	1	4	6	1	1	1	1	4	2	2	2	1	1	1	3	1	5	11	4	1	1	2	3
Chile	2	2	2	5	3	3	2	2	4	10	6	5	3	3	2	2		2	1	3	6	3	8	8	6
China	11	3	3	10	2	5	3	8	3	3	5	4	1	6	8	14	6	3	2	15	5	7	6	3	14
Vietnam	9	9	8	7	5	2	6	6	8	8	8	6	5	7	3	4	11	5	7	13	12	6	4	1	2
Mexico	1	6	9	8	16	7	5	7	7	16	3	16	10	5	7	3	5	10	4	1	8	2	12	7	11
Malaysia	8	7	4	6	7	10	11	3	2	2	10	8	4	12	6	10	8	8	9	8	14	4	2	10	5
Turkey	10	1	5	2	4	13	4	4	9	1	7	1	8	11	10	11	4	7	10	16	2	15	14	13	15
Thailand	4	8	7	15	8	6	10	5	6	5	13	10	7	9	5	5	10	4	8	12	15	12	5	4	7
Brazil	6	4	10	13	9	9	8	11	11	7	4	9	13	10	11	8	7	9	3	4	10	5	9	12	4
Philippines	12	13	11	3	14	12	14	10	12	6	14	14	9	8	16	7	9	11	14	10	3	10	13	15	13
Indonesia	16	16	14	16	15	8	9	15	10	15	16	13	14	14	13	9	14	14	12	9	9	11	3	14	12
Russia	15	10	6	12	1	16	7	9	5	13	1	3	6	2	4	6		6	6	14	16	8	11	16	8
Bangladesh	3	11	13	1	12	4	12	16	15	14	15	15	13	12	15	12	13	13	11	5	1	9	7	5	16
Cambodia	13	12	12	9	11	15	15	13	14	9	12	11	12	16	15	12	16	12	15	7	11	14	15	11	10
India	7	14	16	14	10	11	13	14	16	11	11	7	16	4	9	16	13	15	13	2	13	13	10	6	1
Laos	14	15	15	11	13	14	16	12	13	12	9	12	11	15	14	13	15	16	16	6	7	16	16	9	9

Columns ordered by largest difference between Indonesia and best country for each disease

# Benchmarking Age-Standardized DALYs 2010

All-Cause	Stroke	Tuberculosis	Diarrheal diseases	Road injury	Ischemic heart disease	Diabetes	Lower respiratory infections	Neonatal encephalopathy	COPD	Preterm birth complications	Cirrhosis	Iron-deficiency anemia	Typhoid fevers	Major depressive disorder	Chronic kidney disease	Neonatal sepsis	Low back pain	Other cardiovascular	Migraine	Lung cancer	Anxiety disorders	Congenital anomalies	Falls	Other musculoskeletal	Neck pain
South Korea	5	6	1	3	1	8	1	1	1	1	4	1	2	1	2	2	10	1	15	11	13	1	9	16	15
Chile	2	1	3	5	3	1	2	2	2	4	10	2	6	6	3	8	5	2	3	15	8	5	15	16	
China	11	2	2	9	5	4	3	9	13	3	3	4	5	3	4	1	7	7	1	15	2	6	12	5	11
Mexico	1	3	9	7	7	16	5	7	3	7	16	3	3	2	16	10	1	3	3	1	3	13	1	14	12
Vietnam	9	10	8	8	2	3	6	6	8	8	9	6	8	5	7	5	6	4	13	13	1	3	10	8	10
Malaysia	8	7	4	6	10	7	11	3	10	2	2	5	10	13	9	4	2	11	5	8	11	2	11	11	6
Thailand	4	8	6	15	6	9	10	5	6	6	5	7	13	11	10	7	3	9	12	12	9	5	2	10	7
Turkey	10	4	7	2	13	5	4	4	7	9	1	11	7	16	1	8	14	12	4	16	16	14	4	7	2
Brazil	6	5	10	12	9	11	8	11	5	11	7	9	4	12	8	13	12	10	9	4	12	9	3	12	13
Indonesia	16	16	14	16	8	15	9	15	9	10	15	12	16	9	13	14	9	13	11	9	8	4	6	6	9
Philippines	12	14	11	4	12	14	14	10	12	12	6	10	14	10	14	9	13	6	7	10	10	12	7	3	4
Russia	15	9	5	13	16	2	7	8	4	5	13	8	1	15	3	6	15	2	6	14	4	10	14	13	14
Bangladesh	3	11	13	1	4	10	12	16	15	15	14	14	15	4	15	15	16	14	16	5	14	7	15	9	3
Cambodia	13	13	12	10	15	6	15	13	11	14	8	15	12	8	11	12	4	16	8	7	6	15	8	4	8
India	7	12	16	14	11	12	13	14	16	16	11	16	11	7	5	16	11	8	14	2	7	11	16	1	1
Laos	14	15	15	11	14	13	16	12	14	13	12	13	9	14	12	11	5	15	10	6	5	16	13	2	5

Columns ordered by largest difference between Indonesia and best country for each disease

# Benchmarking Age-Standardized DALYs Attributable to Risk Factors

All-Cause	High blood pressure	Dietary risks	Household air pollution from solid fuels	Tobacco smoking	High fasting plasma glucose	Physical inactivity and low physical activity	High body-mass index	Ambient particulate matter pollution	Suboptimal breastfeeding	Iron deficiency	Childhood underweight	Occupational risks	Alcohol use	High total cholesterol	Lead exposure	Unimproved sanitation	Unimproved water source	Zinc deficiency	Vitamin A deficiency	Drug use	Intimate partner violence	Low bone mineral density	Childhood sexual abuse	Residential radon	Ambient ozone pollution
South Korea x	1	2	1	3	3	4	5	5		1	1	2	10	3	3	7	1	3	3	11	3	8	12	13	3
Chile x	2	1	3	2	1	3	11	2	3	2	2	5	7	4	1	2	3	1	2	14	2	5	13	2	1
China x	7	8	10	5	6	6	6	14	5	4	5	9	5	5	6	8	7	4	4	1	5	12	8	16	14
Mexico x	4	5	7	1	16	8	14	4	10	3	7	1	13	9	9	4	6	8	6	9	1	1	4	6	12
Vietnam x	6	6	9	8	2	1	1	9	7	6	10	7	6	1	7	11	9	9	10	10	4	13	3	11	7
Malaysia x	10	9	2	7	10	13	12	7	4	5	8	3	4	15	5	3	8	5	7	8	6	14	5	1	11
Thailand x	3	3	8	6	5	5	7	6	8	7	9	6	11	7	2	1	10	10	9	7	11	4	7	4	6
Turkey x	11	10	5	13	8	15	15	12	6	10	4	8	3	13	8	6	4	7	5	12	12	3	11	15	13
Brazil x	9	7	6	4	9	9	13	1	9	9	6	10	14	10	11	9	5	6	8	15	9	6	10	12	4
Indonesia x	15	12	11	11	13	11	9	8	13	12	12	2	6	12	13	14	11	14	14	5	8	10	2	7	8
Philippines x	13	14	13	14	12	14	10	3	12	11	11	12	14	13	10	12	15	11	11	2	7	9	1	3	5
Russia x	16	16	4	16	15	16	16	10		8	3	4	16	16	4	5	2	2	1	16	15	2	15	14	9
Bangladesh x	5	4	12	9	7	2	2	11	11	14	13	16	1	2	10	12	11	12	12	3	13	16	14	10	15
Cambodia x	12	15	15	12	4	7	4	13	15	15	14	13	9	11	16	14	15	14	13	4	10	7	6	9	2
India x	8	11	14	10	14	10	3	16	14	16	15	15	8	8	15	16	13	13	15	6	16	15	16	5	16
Laos x	14	13	16	15	11	12	8	15	16	13	16	14	15	12	14	15	16	16	16	13	14	11	9	8	10

Columns ordered by largest difference between Indonesia and best country for each risk factor

# Outline

What is the GBD 2010?

Some Key Global Results

Indonesia Results

Benchmarking Indonesia

Understanding Local Health Risks



Continuous Updating

## GBD 2.0: a Global Public Good

- 1) Vision: provide the world access to continuously updated country level assessments of the burden of disease over time for all major diseases, injuries and risk factors using the latest available evidence.
- 2) As new evidence on descriptive epidemiology is published, collected through surveillance systems or released in reports, this evidence will be rapidly incorporated in the GBD country, regional and global estimates and made widely available.
- 3) Methodological innovations or studies that provide new insights into etiology or causation should also be adopted when the evidence is compelling.

# Building the Network of Collaborators

- 1) GBD 2010 collaboration organized around diseases, injuries and risk factors. GBD 2.0 will expand this collaboration.
- 2) GBD 2.0 will add collaborators organized by country whose role will be:
  - a. Assess the face validity of country results
  - b. Identify missing datasets or inadequate or incorrect interpretation of available data.
  - c. Interpret findings and facilitate country policy translation
  - d. Where feasible, undertake sub-national assessments

# Expanding the Scope of the GBD

- 1) Forecasts for disease burden (mortality, causes of death, prevalence, YLDs, YLLs, DALYs) by country for the next 15-25 years.
- 2) Track health expenditure at the national level by disease and injury categories.
- 3) Eventually link size of problem to what can be addressed through affordable and effective policies. Bringing cost-effectiveness evidence and descriptive epidemiology together in a coherent framework.



# POLICY IMPLICATIONS

- Indonesia needs to improve the efforts to improve the population health status.
- Since there are big variation among regions and provinces/districts/cities, we need to apply similar GBD Approach to region and provinces/districts/cities
- To accelerate reduction of the Burden of Disease and Injuries, special efforts should be prioritized, planned and implemented; among others:
  - Control of major risk factors of Non-Communicable Diseases: unhealthy diet including reduction of salt consumption and avoiding high total cholesterol food, controlling high blood pressure and smoking behavior
  - Special preventive effort by the health sector and other related sectors should be carried out for reducing road traffic injuries

# POLICY IMPLICATIONS

- Beside controlling major risk factors for Non-Communicable Diseases, controlling Communicable Diseases with big “burden” also need to be prioritized; this include among others: Tuberculosis, Diarrheal Diseases, Pneumonia, Typhoid Fever, Malaria and HIV/AIDS
- Further research should be conducted to investigate etiologies and determinants of high incidence of blood hypertension, Cerebrovascular Disease/Stroke, Ischaemic Heart Disease, Diabetes Mellitus, Liver Cirrhosis, Chronic Kidney Disease and Road Injury

# Unfinished Agenda for Child and Maternal Mortality

1. Despite sustained and rapid reductions in child mortality, a substantial fraction of the burden of disease is due to premature mortality in children. Neonatal causes, diarrhea and pneumonia are the major causes. Progress on diarrhea has been notably less than pneumonia since 1990.
2. Progress on maternal mortality has occurred but levels are high compared to other countries at a similar level of development.
3. In a decentralized system, improving the quality of maternity care will require concerted action.

# Tackling Stroke

1. Stroke is not only the #1 cause of burden, it is also the disease with the biggest gap between Indonesia and comparator countries.
2. Key factors include high levels of hypertension, tobacco consumption, and diet especially high sodium consumption and low fruit consumption.
3. Two key strategies to tackle high stroke rates.  
First, risk factor reduction through public health campaigns, taxation and legislation.  
Second, blood pressure management through effective diagnosis, treatment and follow up in primary care.

# Accelerating Progress on Tuberculosis

1. Despite 37% reduction in age-standardized tuberculosis death rates 1990 to 2010, TB is the #2 cause of burden.
2. Case detection rates need to be increased through better diagnostic capabilities in the peripheral health system facilities.
3. Given the unusually high burden of tuberculosis in Indonesia present for decades, other strategies such as mass preventive therapy should be considered to accelerate progress.

# Road Injuries

1. Road injuries are the #3 cause of burden and increasing steadily. It is also has the fourth highest potential for burden reduction.
2. Indonesia has the highest rates among the comparator nations.
3. Successful multi-sectoral approaches to reducing road traffic injuries are needed including road engineering, traffic calming, separation of pedestrians from traffic, helmet law enforcement, and vehicle safety standards.

# Massive Rise of Diabetes and Chronic Kidney Diseases

1. Diabetes and Chronic Kidney Diseases have risen by 86% and 90% respectively since 1990.
2. Disease burden and cost on these conditions will steadily grow. In most countries, cost per case is very high
3. Prevention strategies such as encouraging physical activity and weight reduction are important but given experience in other countries, Indonesia needs to aggressively manage complications such as retinopathy, nephropathy, neuropathy and cardiovascular complications through improved primary care.

# Tobacco Control

1. Tobacco consumption is still high in Indonesia (67.4 % among males). Rising burden in men means that tobacco's toll in Indonesia is nearly equal to the United States in 1990.
2. Burden will continue to rise for decades on current patterns of consumption.
3. Future cost in terms of cardiovascular diseases, cancers and other outcomes will be very large.
4. Aggressive tobacco control efforts following the MPOWER WHO Policy package and FCTC are urgently needed.



# Household Air Pollution

1. Declining since 1990 but still fourth leading risk factor and third leading contributor to potential burden reduction.
2. Poverty related agenda as burden is concentrated in poor households using solid fuels for cooking.
3. Important contributor to child and adult female mortality, because of increased exposure in both groups.
4. Changes in cooking technology or shifts to clean fuels can accelerate reduction in this risk factor.

# Transforming the Health Sector

1. Pace of epidemiological change is very rapid. The rise of non-communicable diseases and behavioural risks requires a different type of health personnel training and skill set than tackling communicable diseases.
2. Often difficult for the health sector to transform their staff and structure to cope with the new challenges.
3. This transformation will continue and likely accelerate with continued development in Indonesia.  
The Ministry of Health should consider ways to ensure it has sufficient work force it needs to tackle these problems.

# Implications for National Health Insurance (JAMKESNAS)

1. Results of the burden of disease in terms of incidence and prevalence of diseases along with information on likely costs per case treated, should be used to forecast the financial burdens that should be expected due to the epidemiological transition.
2. Instituting disease expenditure tracking and linkage to ongoing updates of the burden of disease should be undertaken to aid in anticipating high cost areas of health care delivery.

# Undertake Subnational Burden of Disease Tracking

1. Epidemiological patterns in Indonesia are highly heterogeneous as a function of income and socio-economic status.
2. National results are useful but effective planning will require subnational assessments.
3. Many Indonesian data sources provide sufficient information to undertake a subnational assessment.
4. The capacity for an ongoing subnational assessment should be built and linked to the ongoing global tracking of the burden of disease.

# Visualizations

1. Search GBD Compare
2. <http://www.healthmetricsandevaluation.org/gbd/visualizations/country>

# GBD Technical Training Workshop

**When:** May 7-17, 2013

**Where:** Greece

## **Learn more about:**

- Data, methods and key findings from the GBD
  - Metric calculations: YLLs, YLDs, DALYs, HALE, disability weights
  - Data visualization tools and how to use them to communicate key findings to policy makers
  - Using GBD as a performance benchmarking tool
- 
- Email [training@healthmetricsandevaluation.org](mailto:training@healthmetricsandevaluation.org) to express interest in attending
  - Find out more [www.healthmetricsandevaluation.org/gbd/training](http://www.healthmetricsandevaluation.org/gbd/training)